

Dubbo Athletics Club

NUMBER 3

6TH DECEMBER 2013

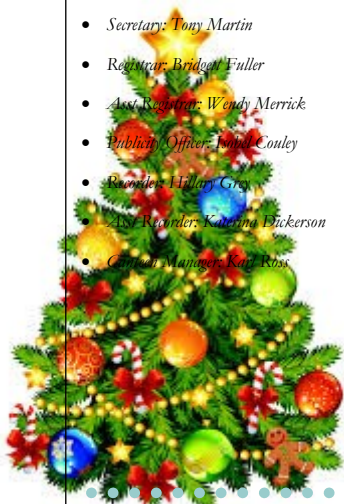
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2013/2014 season



Committee Members

- President: David Williams
041797963
- Vice President: Linda Wilson
- Treasurer: Cameron Porteous
- Secretary: Tony Martin
- Registrar: Bridget Fuller
- Asst Registrar: Wendy Merrick
- Publicity Officer: Isobel Conley
- Recorder: Hilary Gray
- Asst Recorder: Katherine Pickerson
- General Manager: Kate Ross



Inside this issue:

Welcome	1
Uniform	1
Christmas Party	1
Code of Behaviour	2

What a great weekend we had in Narromine. Well done to all the children that have made it to the next level and will be travelling to Lithgow on the 1/2 & 2/2/14. Well done to all the children that competed but didn't make it to the next level, be very proud of your achievements you are still a superstar.

Thank you to all the parents that helped throughout the weekend your help was greatly appreciated.

Anyone that is unable to make the regional carnival could you please let Dave know so he can pass on that you will be absent.

We will break up on the 20/12/13 and resume 7/2/14. Unfortunately the Regional carnival falls on the first weekend school starts therefore we have to start competition the 2nd week school starts.

Don't forget to checkout the website and like our facebook page to ensure you keep up with any update that happen throughout the holidays

If any one would like to learn how to pick a foul, hold and throw a discuss, shotput or organize high jump please leave your name with Bridget (Registrar) and if there is enough interest we will consider running an information day or evening as it is a group effort to ensure the children learn the correct way to compete. The committee members are all volunteers and are not certified athlete trainers.

I hope you enjoy the break and have a wonderful Christmas and New year.

Cheers Isobel & The Committee

Uniforms

Athletes are to wear white singlet or crop top and black shorts. All these items are available from the club.

Prices are:
Singlet - \$30
Crop Tops - \$40
Lycra Shorts - \$40
Boys Shorts - \$15

Registration numbers will be handed out when payment has been received and proof of age has been sighted. This number must be visible at all times whilst children are competing in an event.

Check out second hand clothes for sale

Registrations

All registrations and money should now be finalized if you are a late member or have just joined registration times will be from 5.15 - 6.00 Friday nights.

Christmas Party



Friday 20th December will be our last night for 2013 and what better way to finish than with a pool party. Come along and join us at

6pm for a BBQ and drink at Dubbo Aquatic and Leisure but please pay your own entry.

2014

We will start up again on the 7th February 2014 after the regional carnival on the 1&2 February 2014.



Code of Behaviour

Little Athletics is a community activity, which utilises athletics to help foster the skills development of children.

Unfortunately some athletes and parents fail to live up to the traditional values of sport. Our young people involved in sport have a right to participate in a safe and supportive sporting environment.

Overzealous parents and ill tempered, disrespectful athletes sometimes need to be reminded of appropriate standards of behaviour.

Dubbo Athletics Club has incorporated these values into a code of behaviour for our athletes and parents.

Athletes

Show respect to coaches, officials and fellow athletes

Respect the rights, rules and instructions of the club officials

Control your temper – no criticism by word or gesture

Do not bully or harm another athlete

Compete by the rules

Be friendly and respect your fellow athletes

Be a good sport, encourage your fellow athletes

Club uniform must be worn at all times when competing

Parents & Guardians

Show respect to coaches, officials, athletes

Respect the rights, rules and instructions of the club officials

Never ridicule or yell at an athlete

Never use violence, threats or abuse in any form

Parents/Guardians are asked to be actively involved in the running of nightly events

Demonstrate appropriate social behavior

Be supportive to athletes and other parents

There must be a parent/guardian to accompany all children during the

club night competition

Parents/Guardians are not permitted to drop off children unaccompanied

The club is not responsible for athletes who leave the oval on club night competition.

Penalties for breaches of Code of Behaviour

Athletes and parents found to have brought the sport of athletics in disrepute and fail to follow the club Code of Behavior could mean disciplinary action decided by the club executive. Penalties that are imposed are to be appropriate to the seriousness of the breach.

WE'RE ON THE WEB

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