

**Region 3 Championships  
Results**

**Girls U 8 - 70 Metre Sprint**

Region: R 11.72 17-Feb-13 Ella Sweeney, Glenbrook			
State: S 10.54 16-Mar-80 Annette Cavanagh, Blacktown			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kasey Wallace		Bathurst & District	12.11Q
2 Jamie Powley		Bathurst & District	12.16Q
3 Lilla Oehm		Gilgandra	12.22Q
4 Louise Ringbauer		Kurrajong Bilpin	12.32q
5 Georgina Stanley		Mudgee	12.56
6 Zahlee Fernando		Coonamble	13.35
Heat 2 Heats			
1 Seda Amputch		Springwood	12.34Q
2 Sian Campbell		Bathurst & District	12.39Q
3 Tilly Hancock		Bathurst & District	12.40Q
4 Amelia Crouch		Springwood	12.46q
5 Kiahna Koutsonikolis		Springwood	12.73
6 Mia Johns		Bathurst & District	13.57
7 Siobhan Mckervey		Glenbrook	13.81
8 Heidi Turnbull		Narromine	15.55

**Girls U 8 - 70 Metre Sprint**

Region: R 11.72 17-Feb-13 Ella Sweeney, Glenbrook			
State: S 10.54 16-Mar-80 Annette Cavanagh, Blacktown			
Name	Age	Centre	Final
Section 1 Final			
1 Kasey Wallace		Bathurst & District	12.11
2 Jamie Powley		Bathurst & District	12.16
3 Lilla Oehm		Gilgandra	12.22
4 Louise Ringbauer		Kurrajong Bilpin	12.32
5 Georgina Stanley		Mudgee	12.56
6 Zahlee Fernando		Coonamble	13.35
Section 2 Final			
1 Seda Amputch		Springwood	12.34
2 Sian Campbell		Bathurst & District	12.39
3 Tilly Hancock		Bathurst & District	12.40
4 Amelia Crouch		Springwood	12.46
5 Kiahna Koutsonikolis		Springwood	12.73
6 Siobhan Mckervey		Glenbrook	13.18
7 Mia Johns		Bathurst & District	13.57
8 Heidi Turnbull		Narromine	15.55

**Girls U 9 - 70 Metre Sprint**

Region: R 11.24 17-Feb-13 Amelia Hinrichsen, Orange			
State: S 10.14 22-Mar-98 Briony Kanard, Port Hacking			
Name	Age	Centre	Final
Section 1			
1 Sophie Dunbar		Oberon	12.14
2 Clare Williamson		Springwood	12.15
3 Lily-Louise Walker		Narromine	12.28
4 Amelia Hamilton		Glenbrook	12.90
5 Maree Weate		Walgett	12.97

**Region 3 Championships  
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**....Girls U 9 - 70 Metre Sprint**

6 Maddison Amiet	Gilgandra	14.27
Section 2		
1 Gemma Boland	Nyngan	11.33
2 Taya Moore	Springwood	11.81
3 Lily Evans	Kurrajong Bilpin	11.84
4 Abbagayle Turner Smith	Kurrajong Bilpin	12.25
5 Kiara McKeown	Dubbo	12.34
6 Remi Chilstone	Cowra	12.44
7 Eliza Riddle	Forbes	13.30

**Girls U 10 - 70 Metre Sprint**

=====			
Region:	R 10.58	17-Feb-13	Maya Piras, Dubbo
State:	S 9.84	19-Mar-00	Grace Naseby, Griffith
Name		Age Centre	Final
=====			
Section 1			
1 Maggie Kirby		Cumnock	11.64
2 Elizabeth Godwin		Glenbrook	11.80
3 Laura Scott		Bathurst & District	11.89
4 Tiarna Riley		Mudgee	11.93
5 Jorja Bennetts		Mudgee	12.39
6 Billie Allan		Gilgandra	12.90
7 Charlotte Masonwells		Narromine	12.99
Section 2			
1 Bryanna Pettinato		Glenbrook	11.12
2 Phoebe Allen		Springwood	11.49
3 Caitlin Feltham		Kurrajong Bilpin	11.63
4 Holley Dunn		Orange	11.82
5 Kaileen Mumberson		Springwood	11.84
6 Jossi Ward		Narromine	11.97
7 Hope Smith		Coonamble	13.37

**Girls U 8 - 100 Metre Sprint**

=====			
Region:	R 16.12	16-Feb-13	Ella Sweeney, Glenbrook
State:	S 14.44	23-Mar-79	Helen Clarke, Orange
Name		Age Centre	Final
=====			
Section 1			
1 Sian Campbell		Bathurst & District	17.12
2 Tilly Hancock		Bathurst & District	17.30
3 Seda Amputch		Springwood	17.38
4 Lilla Oehm		Gilgandra	17.48
5 Aaliyah Carroll		Dubbo	17.65
6 Maddison Lowe		Springwood	18.40
7 Clare Wood		Cumnock	18.89
Section 2			
1 Louise Ringbauer		Kurrajong Bilpin	17.23
2 Amelia Crouch		Springwood	17.24
3 Kasey Wallace		Bathurst & District	17.78
4 Rosie Quirk		Dubbo	18.19
5 Zahlee Fernando		Coonamble	18.77
6 Eadie Wilson		Narromine	18.91

**Region 3 Championships  
Results**

**Girls U 9 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 15.71 11-Feb-17 Gemma Boland, Nyngan			
State: S 14.14 23-Mar-79 Kate Farrell, Holroyd			
State: S 14.14 15-Mar-80 Helen Clarke, Orange			
Section 1			
1 Gemma Boland		Nyngan	15.71R
2 Taya Moore		Springwood	16.25
3 Lily-Louise Walker		Narromine	17.02
4 Allyssa Ng-saad		Katoomba	17.03
5 Kiara McKeown		Dubbo	17.06
6 Sarah Chandler		Gilgandra	17.69
Section 2			
1 Zara Nicholas		Springwood	15.94
2 Mia Watson		Springwood	16.54
3 Kaylee Alderson		Katoomba	16.71
4 Sophie Dunbar		Oberon	16.79
5 Alexandra Capararo		Glenbrook	17.44
6 Remi Chilstone		Cowra	17.73

**Girls U 10 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 14.60 14-Feb-15 Alesha Bennetts, Mudgee			
State: S 13.54 12-Mar-78 Annette Osborne, Lethbridge P			
State: S 13.54 23-Mar-91 Rosemary Hayward, Wyong			
Section 1			
1 Bryanna Pettinato		Glenbrook	14.88
2 Phoebe Allen		Springwood	16.02
3 Georgia Veech		Wellington	16.12
4 Freya Bryant		Orange	16.24
5 Natalie Gallen		Coonamble	17.56
6 Billie Allan		Gilgandra	17.68
Section 2			
1 Mya Ah Chong		Bathurst & District	15.59
2 Caitlin Feltham		Kurrajong Bilpin	16.08
3 Xanthie Chatfield		Dubbo	16.35
4 Zoe Wood		Cumnock	16.71
5 Amelie Hugo		Katoomba	16.76
6 Sadie Keegan		Orange	17.09

**Girls U 11 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 14.07 13-Feb-16 Alesha Bennetts, Mudgee			
State: S 12.94 12-Mar-78 Michelle Moroney, Bankstown			
Section 1			
1 Ella Standish		Kurrajong Bilpin	14.80
2 Charlotte Brown		Mudgee	14.89
3 Tanesha Riddle		Forbes	15.56
4 Cally Dawson		Orange	15.62
5 Holly White		Springwood	15.77
6 Makayla McKeown		Dubbo	15.80
7 Courtney May		Dubbo	17.52

**Region 3 Championships  
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**....Girls U 11 - 100 Metre Sprint**

Section 2

1 Mackenzie Wright	Orange	15.21
2 Paige Lowe	Bathurst & District	15.63
3 Cassidy Feltham	Kurrajong Bilpin	15.89
4 Chyna Moore	Springwood	16.30
5 Jezebel Mills	Glenbrook	16.71
6 Aimee Zell	Dubbo	16.92

**Girls U 12 - 100 Metre Sprint**

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Region: R 13.46 11-Feb-17 Alesha Bennetts, Mudgee
State: S 12.64 24-Mar-79 Michelle Moroney, Bankstown
State: S 12.64 16-Mar-02 Jacinta Doyle, Port Hacking
State: S 12.64 19-Feb-05 Annaliese Gardiner, Ku-Ring-G

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Name Age Centre Final
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Section 1

1 Alesha Bennetts	Mudgee	13.46R
2 Ashleigh Carlow	Gilgandra	14.94
3 Thalia Ruming	Bathurst & District	15.16
4 Tiarna Clothier	Forbes	15.34
5 Caitlin Morris	Blayney	16.27

Section 2

1 Kasey Hayes	Mudgee	14.18
2 Hayley Davis	Bathurst & District	14.50
3 Amelia Browning	Mudgee	14.69
4 Molly Jones	Springwood	15.22
5 Emily Gallen	Coonamble	15.41
6 Katerina Reynolds	Springwood	15.45

**Girls U 13 - 100 Metre Sprint**

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=====
Region: R 13.11 11-Feb-17 Millie Gooch, Dubbo
State: S 12.34 15-Mar-86 Jo-anne Swan, Camden
State: S 12.34 07-Mar-87 Rebecca Vormister, Wollongong
State: S 12.34 17-Mar-96 Haylee Mathieson, Wollongong
State: S 12.34 19-Feb-05 Laura Turner, Port Hacking

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Name Age Centre Final
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Section 1

1 Ava Healey	Lithgow	13.38
2 Faith Grey	Bathurst & District	13.98
3 Jada Trapman	Cumnock	15.03
4 Isabella Jacobson	Glenbrook	15.14
5 Emily Sammut	Orange	16.92

Section 2

1 Millie Gooch	Dubbo	13.11R
2 Charlotte Husarek	Glenbrook	14.33
3 Ella Hutchison	Narromine	14.51
4 Shakaye Walker	Coonamble	15.89
5 Emily Palmer	Orange	15.95

**Region 3 Championships  
Results**

**Girls U 14 - 100 Metre Sprint**

=====			
Region:	R 13.10	16-Feb-13	Payton Smede, Dubbo
State:	S 12.14	23-Mar-91	Shelley Peattie, Macquarie Sh
Name	Age	Centre	Final
=====			
Section 1			
1	Alanna Dutton	Springwood	13.42
2	Cushla Rue	Bathurst & District	13.59
3	Kallan Phillips	Lithgow	14.04
4	Georgia Messina	Kurrajong Bilpin	14.18
5	Tay Meehan	Katoomba	14.28
6	Jasmine Williams Smith	Kurrajong Bilpin	14.38
7	Matilda Irvine	Narromine	14.80
Section 2			
1	Cleo Dickie	Blayney	13.20
2	Maya Piras	Dubbo	13.31
3	Ashley Robinson	Lithgow	13.67
4	Bronte Comincioli	Mudgee	13.79
5	Kyra Phillips	Lithgow	14.18
6	Ayla Bird	Blayney	14.76
7	Hannah Carroll	Cobar	14.96

**Girls U 15 - 100 Metre Sprint**

=====			
Region:	R 12.90	16-Feb-13	Samara Collins, Dubbo RSL
State:	S 12.04	21-Mar-92	Sonia Willis, Wagga PCYC
State:	S 12.04	20-Mar-99	Preya Carey, Hills District
Name	Age	Centre	Final
=====			
Section 1			
1	Caitlyn Ferrier	Kurrajong Bilpin	12.91
2	Amy Belfanti	Bathurst & District	13.11
3	Bronte Pickering	Springwood	13.65
4	Emily Stewart	Dubbo	13.68
5	Jessica Keogh	Gilgandra	14.45
6	Kennedy Chapman	Dubbo	15.18
Section 2			
1	Phoebe Young	Kurrajong Bilpin	13.65
2	Ayla Shields	Katoomba	13.83
3	Jessica Woodward	Springwood	14.01
4	Alison Toohy	Dubbo	14.40
5	Eloise Bell	Narromine	15.32
6	Sarah Penfold	Young & District	15.76

**Girls U 17 - 100 Metre Sprint**

=====			
Region:	R 12.69	16-Feb-13	Charlotte Jasprizza, ORANGE
State:	S 12.17	20-Mar-10	Michelle Jenneke, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1			
1	Jessica Purtell	Dubbo	13.23
2	Jemma Barrett	Orange	13.59
3	Eleanore Mercer	Springwood	14.16
4	Anatasia Newstead	Gilgandra	14.30
5	Ella Lewis	Blayney	14.42
6	Tiffany Penfold	Young & District	15.29

**Region 3 Championships  
Results**

**....Girls U 17 - 100 Metre Sprint**

## Section 2

1 Caitlin Fenner	Springwood	13.30
2 Kaylah Lamb	Glenbrook	13.52

**Girls U 8 - 200 Metre Sprint**

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=====
Region: R 35.94 17-Feb-13 Ella Sweeney, Glenbrook
State: S 31.74 18-Mar-84 Bronwyn Piening, Nepean
State: S 31.74 16-Feb-97 Emily Pollett, Manly Warringa

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Name Age Centre Final
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## Section 1

1 Amelia Crouch	Springwood	36.63
2 Dallyce Rose	Glenbrook	36.98
3 Lilla Oehm	Gilgandra	37.39
4 Jamie Powley	Bathurst & District	37.65
5 Aaliyah Carroll	Dubbo	38.58
6 Lily Duffy	Bathurst & District	39.01
7 Georgina Stanley	Mudgee	39.13
8 Zahlee Fernando	Coonamble	41.07

## Section 2

1 Icelyn Scott	Glenbrook	36.97
2 Kiahna Koutsonikolis	Springwood	37.64
3 Tilly Hancock	Bathurst & District	37.97
4 Shaylee Lauer	Springwood	39.47
5 Maisie Mitchell	Kurrajong Bilpin	39.72
6 Maddison Lowe	Springwood	41.55
7 Eadie Wilson	Narromine	42.10
8 Clare Wood	Cumnock	42.56

**Girls U 9 - 200 Metre Sprint**

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=====
Region: R 33.87 12-Feb-17 Zara Nicholas, Springwood
State: S 28.74 25-Mar-90 Rosemary Hayward, Wyong

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Name Age Centre Final
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## Section 1

1 Zara Nicholas	Springwood	33.87R
2 Kaylee Alderson	Katoomba	35.60
3 Sophie Dunbar	Oberon	35.89
4 Taleah Ison	Kurrajong Bilpin	36.29
5 Abbagayle Turner Smith	Kurrajong Bilpin	38.85
6 Maddison Amiet	Gilgandra	41.45

## Section 2

1 Isla Puri	Glenbrook	34.35
2 Lily Bangert	Orange	35.35
3 Mia Watson	Springwood	35.44
4 Kiara McKeown	Dubbo	36.92
5 Lily-Louise Walker	Narromine	37.67
6 Pippa Cullen	Walgett	40.64
7 Shiloh Ballard	Cowra	41.81

**Region 3 Championships  
Results**

**Girls U 10 - 200 Metre Sprint**

=====			
Region:	R 31.83	12-Feb-17	Bryanna Pettinato, Glenbrook
State:	S 28.22	21-Mar-10	Kristie Edwards, Manly Warrin
Name	Age	Centre	Final
=====			
Section 1			
1	Maggie Kirby	Cumnock	32.61
2	Chloe McGilvray	Mudgee	34.29
3	Mia Penman	Dubbo	34.31
4	Elizabeth Godwin	Glenbrook	35.32
5	Hollie Ruming	Bathurst & District	36.63
Section 2			
1	Bryanna Pettinato	Glenbrook	31.83R
2	Holley Dunn	Orange	34.17
3	Phoebe Allen	Springwood	34.30
4	Xanthie Chatfield	Dubbo	34.41
5	Tiarna Riley	Mudgee	35.00
6	Amelie Hugo	Katoomba	35.11
7	Natalie Gallen	Coonamble	36.98

**Girls U 11 - 200 Metre Sprint**

=====			
Region:	R 29.59	14-Feb-16	Alesha Bennetts, Mudgee
State:	S 26.44	11-Mar-78	Michelle Moroney, Bankstown
Name	Age	Centre	Final
=====			
Section 1			
1	Charlotte Brown	Mudgee	31.01
2	Ella Standish	Kurrajong Bilpin	31.08
3	Georgie McPhail	Bathurst & District	32.44
4	Tanisha Riddle	Forbes	32.72
5	Chyna Moore	Springwood	33.95
6	Annalisa Ely	Katoomba	34.57
7	Edie Robinson	Coonamble	37.68
Section 2			
1	Ella Penman	Dubbo	30.13
2	Mackenzie Wright	Orange	32.17
3	Cassidy Feltham	Kurrajong Bilpin	33.46
4	Cally Dawson	Orange	34.11
5	Neive Hogan	Oberon	34.97
6	Kate Turnbull	Narromine	38.10

**Girls U 12 - 200 Metre Sprint**

=====			
Region:	R 29.16	14-Feb-16	Millie Gooch, Dubbo
State:	S 25.84	21-Feb-79	Nicole Leistenschneider, Manl
Name	Age	Centre	Final
=====			
Section 1			
1	Alana De Bortoli-dodson	Springwood	30.97
2	Thalia Ruming	Bathurst & District	31.13
3	Hope Gibson	Orange	31.59
4	Georgia Cudmore	Dubbo	31.90
5	Hayley Davis	Bathurst & District	32.16
6	Hannah Patton	Katoomba	33.03
7	Jorgia Mcfawn	Oberon	33.10
Section 2			

### Region 3 Championships Results

#### ....Girls U 12 - 200 Metre Sprint

1	Kasey Hayes	Mudgee	29.30
2	Charlotte Abel	Kurrajong Bilpin	30.52
3	Emily Gallen	Coonamble	32.50
4	Tiarna Clothier	Forbes	32.66
5	Amelia Marsh	Gulgong	33.12
6	Alicia Nobles	Bathurst & District	34.14
7	Kelsey Hutchison	Gilgandra	36.98

#### Girls U 13 - 200 Metre Sprint

=====			
Region: R 27.02		12-Feb-17	Millie Gooch, Dubbo
State: S 25.04		16-Mar-08	Maddie Pirie, Revesby Workers
Name	Age	Centre	Final
=====			
Section 1			
1	Millie Gooch	Dubbo	27.02R
2	Faith Grey	Bathurst & District	29.73
3	Charlotte Husarek	Glenbrook	29.91
Section 2			
1	Ava Healey	Lithgow	28.41
2	Olivia De La Harpe	Springwood	30.30
3	Joely Anderson	Bathurst & District	30.43
4	Emily Palmer	Orange	34.20
5	Emily Sammut	Orange	37.17

#### Girls U 14 - 200 Metre Sprint

=====			
Region: R 26.91		14-Feb-16	Caitlyn Ferrier, Kurrajong Bi
State: S 24.54		16-Mar-08	Ella Nelson, Sutherland
Name	Age	Centre	Final
=====			
Section 1			
1	Cleo Dickie	Blayney	27.26
2	Ashley Robinson	Lithgow	28.77
3	Bronte Comincioli	Mudgee	28.90
4	Kallan Phillips	Lithgow	29.79
5	Ayla Bird	Blayney	31.49
6	Hannah Carroll	Cobar	31.61
Section 2			
1	Alanna Dutton	Springwood	27.64
2	Cushla Rue	Bathurst & District	28.38
3	Georgia Messina	Kurrajong Bilpin	29.56
4	Jasmine Williams Smith	Kurrajong Bilpin	29.76
5	Kyra Phillips	Lithgow	30.00
6	Matilda Irvine	Narromine	30.27

#### Girls U 15 - 200 Metre Sprint

=====			
Region: R 26.81		12-Feb-17	Caitlyn Ferrier, Kurrajong Bi
State: S 24.24		20-Mar-05	Olivia Tauro, Kurri Kurri
State: S 24.24		22-Feb-09	Ella Nelson, Sutherland
Name	Age	Centre	Final
=====			
Section 1			
1	Caitlyn Ferrier	Kurrajong Bilpin	26.81R
2	Amy Belfanti	Bathurst & District	28.01



**Region 3 Championships  
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**....Girls U 15 - 200 Metre Sprint**

3 Tayla Riley	Mudgee	29.12
4 Kala Puri	Glenbrook	29.22
5 Rhiannon Dennis	Orange	30.94

Section 2

1 Bronte Pickering	Springwood	28.11
2 Alison Toohey	Dubbo	30.32
3 Jessica Woodward	Springwood	30.53
4 Eloise Bell	Narromine	32.41
5 Erin Barclay	Dubbo	34.77

**Girls U 17 - 200 Metre Sprint**

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=====
Region: R 26.62 14-Feb-16 Isabella Cameron, Dubbo
State: S 24.33 23-Mar-14 Ruby Ritchie, Manly Warringah
Name Age Centre Final
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Section 1

1 Jessica Purtell	Dubbo	27.56
2 Jemma Barrett	Orange	28.51
3 Kaylah Lamb	Glenbrook	28.96
4 Eleanore Mercer	Springwood	29.88
5 Kathryn Evans	Bathurst & District	33.66

Section 2

1 Caitlin Fenner	Springwood	29.13
2 Ella Lewis	Blayney	29.60

**Girls U 8 - 400 Metre Sprint**

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=====
Region: R 1:22.74 11-Feb-17 Icelyn Scott, Glenbrook
State: S 1:11.44 21-Mar-81 Jo-anne Swan, Camden
Name Age Centre Final
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Section 1

1 Maisie Mitchell	Kurrajong Bilpin	1:28.45
2 Isabella Ferguson	Springwood	1:33.41
3 Lola Brillante	Katoomba	1:33.82
4 Eadie Wilson	Narromine	1:36.31
5 Sarah Keogh	Gilgandra	1:36.66
6 Sarah Coyte	Kurrajong Bilpin	1:50.77

Section 2

1 Icelyn Scott	Glenbrook	1:22.74R
2 Lily Duffy	Bathurst & District	1:29.32
3 Rosie Quirk	Dubbo	1:32.11
4 Layla Thompson	Orange	1:39.97

**Girls U 9 - 400 Metre Sprint**

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=====
Region: R 1:15.65 11-Feb-17 Isla Puri, Glenbrook
State: S 1:06.64 24-Mar-90 Rosemary Hayward, Wyong
Name Age Centre Final
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Section 1

1 Isla Puri	Glenbrook	1:15.65R
2 Mia Watson	Springwood	1:19.71
3 Taleah Ison	Kurrajong Bilpin	1:23.11
4 Abbagayle Turner Smith	Kurrajong Bilpin	1:28.31

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**....Girls U 9 - 400 Metre Sprint**

5 Sarah Chandler	Gilgandra	1:31.25
6 Shiloh Ballard	Cowra	1:33.85
Section 2		
1 Lily Bangert	Orange	1:19.24
2 Rachel Marshall	Mudgee	1:19.76
3 Allyssa Ng-saad	Katoomba	1:24.67
4 Kaylee Harwood	Kurrajong Bilpin	1:28.99
5 April Klein	Wellington	1:29.30
6 Imogen Kath	Forbes	1:39.88

**Girls U 10 - 400 Metre Sprint**

=====			
Region: R	1:12.89	13-Feb-16	Ella Penman, Dubbo
State: S	1:03.84	15-Mar-03	Paige Fenech, Albion Park
Name		Age Centre	Final
=====			
Section 1			
1 Amelie Hugo		Katoomba	1:16.67
2 Mia Penman		Dubbo	1:17.98
3 Ruby Zell		Dubbo	1:24.81
4 Rebecca Coyte		Kurrajong Bilpin	1:26.45
5 Maddison Rusten		Oberon	1:41.69
Section 2			
1 Chloe McGilvray		Mudgee	1:19.15
2 Maggie Kirby		Cumnock	1:19.32
3 Freya Bryant		Orange	1:23.06
4 Natalie Gallen		Coonamble	1:28.82
5 Laura Scott		Bathurst & District	1:32.37

**Girls U 11 - 400 Metre Sprint**

=====			
Region: R	1:08.71	01-Feb-14	Phoebe Litchfield, Orange
State: S	1:01.34	12-Mar-78	Michelle Moroney, Bankstown
State: S	1:01.34	17-Mar-01	Jacinta Doyle, Port Hacking
Name		Age Centre	Final
=====			
Section 1			
1 Ella Penman		Dubbo	1:10.08
2 Lily Rooney		Glenbrook	1:15.61
3 Bella Brownlie		Young & District	1:17.53
4 Annalisa Ely		Katoomba	1:20.62
5 Tayah Crook		Lithgow	1:27.89
Section 2			
1 Charlotte Brown		Mudgee	1:12.42
2 Addison Chapman		Dubbo	1:12.78
3 Charlotte-paige Jonsson		Kurrajong Bilpin	1:15.85
4 Olivia Harris		Glenbrook	1:19.06
5 Courtney May		Dubbo	1:25.60
6 Taniesha Rusten		Oberon	1:50.24

**Region 3 Championships  
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**Girls U 12 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R	1:05.50	11-Feb-17	Alesha Bennetts, Mudgee
State: S	57.74	21-Feb-79	Nicole Leistenschneider, Ma

Section 1

1	Alesha Bennetts	Mudgee	1:05.50R
2	Hope Coombes	Bathurst & District	1:10.83
3	Chelsea Hromek	Kurrajong Bilpin	1:17.08
4	Olivia Papworth	Gulgong	1:21.82

Section 2

1	Catriona Haberman	Springwood	1:09.00
2	Hannah Haberman	Springwood	1:09.79
3	Charlotte Abel	Kurrajong Bilpin	1:11.60
4	Alicia Nobles	Bathurst & District	1:25.03

**Girls U 13 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R	1:03.41	13-Feb-16	Phoebe Litchfield, Orange
State: S	57.24	16-Mar-86	Jo-anne Swan, Camden

Section 1

1	Millie Gooch	Dubbo	1:04.49
2	Joely Anderson	Bathurst & District	1:07.20
3	Zara Ebeling	Glenbrook	1:10.53
4	Emily Sammut	Orange	1:26.60

**Girls U 14 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R	1:00.46	13-Feb-16	Caitlyn Ferrier, Kurrajong
State: S	56.02	23-Mar-12	Molly Blakey, South Eastern

1	Georgia Messina	Kurrajong Bilpin	1:07.52
2	Monique May	Dubbo	1:11.45
3	Matilda Irvine	Narromine	1:12.17

**Girls U 15 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R	1:02.73	11-Feb-17	Caitlyn Ferrier, Kurrajong
State: S	55.74	18-Feb-96	Rosemary Hayward, Toukley

1	Caitlyn Ferrier	Kurrajong Bilpin	1:02.73R
2	Bronte Pickering	Springwood	1:03.41
3	Brooke Galley	Dubbo	1:04.10
4	Annabelle Crisp	Orange	1:05.68
5	Teoni Schleibs	Lithgow	1:06.36
6	Olivia Richards	Blayney	1:10.35
7	Jessica Keogh	Gilgandra	1:10.55

**Region 3 Championships  
Results**

**Girls U 17 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R 1:01.69 13-Feb-16 Isabella Cameron, Dubbo			
State: S 56.41 21-Mar-14 Ruby Ritchie, Manly Warring			
1 Lillie Healey		Lithgow	1:02.48
2 Zoe Gavin		Young & District	1:03.39
3 Ella Lewis		Blayney	1:04.18
4 Julia Black		Kurrajong Bilpin	1:05.90
5 Katelin Ellyard		Kurrajong Bilpin	1:06.64

**Girls U 8 - 700 Metre Run Pack Start**

Name	Age	Centre	Final
1 Icelyn Scott		Glenbrook	2:48.31
2 Maisie Mitchell		Kurrajong Bilpin	2:52.28
3 Dallyce Rose		Glenbrook	2:56.13
4 Lily Duffy		Bathurst & District	2:57.95
5 Maddison Lowe		Springwood	3:05.48
6 Eadie Wilson		Narromine	3:07.28
7 Matilda Gill		Glenbrook	3:10.46
8 Layla Thompson		Orange	3:18.72
9 Olivia Brown		Springwood	3:21.39
10 Sarah Coyte		Kurrajong Bilpin	3:32.71

**Girls U 9 - 800 Metre Run**

Name	Age	Centre	Final
Region: R 2:56.78 12-Feb-17 Isla Puri, Glenbrook			
State: S 2:33.00 20-Mar-11 Abbey Rockliff, Ku-Ring-Gai			
1 Isla Puri		Glenbrook	2:56.78R
2 Rachel Marshall		Mudgee	3:01.20
3 Mia Watson		Springwood	3:09.08
4 Lily Bangert		Orange	3:22.05
5 Isabelle Smeallie		Mudgee	3:23.21
6 Lucy Webber		Glenbrook	3:24.29
7 Shiloh Ballard		Cowra	3:31.18
8 Kaylee Harwood		Kurrajong Bilpin	3:39.99
9 Georgia Miller		Wellington	3:45.51
10 Lauren Turnbull		Narromine	3:46.19
11 Mia Cudmore		Dubbo	3:49.43
12 Keiley Whatman		Orange	3:53.94

**Girls U 10 - 800 Metre Run**

Name	Age	Centre	Final
Region: R 2:44.76 17-Feb-13 Maeve Goehner, Glenbrook			
State: S 2:27.30 19-Feb-12 Abbey Rockliff, Ku-Ring-Gai			
1 Chloe McGilvray		Mudgee	2:55.32
2 Tiana Heke		Springwood	2:56.73
3 Jossi Ward		Narromine	2:57.49
4 Mia Penman		Dubbo	2:58.00
5 Amelie Hugo		Katoomba	2:58.85
6 Renelle Donges		Blayney	3:02.12

**Region 3 Championships  
Results**

**....Girls U 10 - 800 Metre Run**

7	Rebecca Coyte	Kurrajong Bilpin	3:08.83
8	Jessica Berechree	Glenbrook	3:15.18
9	Ruby Zell	Dubbo	3:25.09
10	Tanissa Ali	Glenbrook	3:40.88

**Girls U 11 - 800 Metre Run**

=====			
	Region: R 2:32.95	02-Feb-14	Maeve Goehner, Glenbrook
	State: S 2:21.80	20-Mar-16	Imogen Stewart, Illawong
Name	Age	Centre	Final
=====			
1	Ella Penman	Dubbo	2:41.94
2	Alexandra Sowinski	Kurrajong Bilpin	2:49.84
3	Holly White	Springwood	2:54.81
4	Taylah Hobbs	Cumnock	2:55.85
5	Abigail Francis	Orange	2:57.09
6	Hannah Roots	Springwood	3:00.17
7	Addison Chapman	Dubbo	3:06.01
8	Kate Turnbull	Narromine	3:07.86
9	Georgie McPhail	Bathurst & District	3:09.46
10	Charlotte-paige Jonsson	Kurrajong Bilpin	3:15.77
11	Tegan Daley	Springwood	3:22.08
12	Tarana Stubenrauch	Springwood	3:22.89
13	Molly Wilson	Narromine	3:30.27
14	Isabella Dunbar	Oberon	3:36.04

**Girls U 12 - 800 Metre Run**

=====			
	Region: R 2:31.05	15-Feb-15	Maeve Goehner, Glenbrook
	State: S 2:16.34	23-Mar-14	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Hope Coombes	Bathurst & District	2:39.75
2	Hannah Haberman	Springwood	2:43.05
3	Zoe Sullivan	Kurrajong Bilpin	2:45.35
4	Alana De Bortoli-dodson	Springwood	2:47.64
5	Hope Gibson	Orange	2:54.50
6	Georgia Cudmore	Dubbo	2:55.85
7	Alicia Nobles	Bathurst & District	3:14.19
8	Ashlyn Lowe	Springwood	3:17.27
9	Amelia Marsh	Gulgong	3:19.16
10	Abbey Kiss	Wellington	3:20.27
11	Cordelia Navin	Kurrajong Bilpin	3:21.27
12	Kelsey Hutchison	Gilgandra	3:35.05

**Girls U 13 - 800 Metre Run**

=====			
	Region: R 2:21.89	14-Feb-16	Maeve Goehner, Glenbrook
	State: S 2:15.20	22-Feb-87	Suzy Walsham, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Emilee Curran	Bathurst & District	2:42.17
2	Joely Anderson	Bathurst & District	2:43.15
3	Mirah Larkin	Katoomba	2:49.69
4	Sarah Berechree	Glenbrook	2:49.77
5	Bridgette Williams Smith	Kurrajong Bilpin	2:58.54

**Region 3 Championships  
Results**

**....Girls U 13 - 800 Metre Run**

6 Ella Hutchison	Narromine	3:00.54
7 Maddy Coombes	Bathurst & District	3:14.05
8 Emily Sammut	Orange	3:58.84

**Girls U 14 - 800 Metre Run**

Region: R 2:19.09 12-Feb-17 Georgie Purcell, Springwood  
State: S 2:13.20 20-Mar-88 Suzy Walsham, Ku-Ring-Gai

Name	Age Centre	Final
1 Georgie Purcell	Springwood	2:19.09R
2 Maeve Goehner	Glenbrook	2:21.12
3 Lillian Patterson	Springwood	2:21.66
4 Jessica Ferraro	Dubbo	2:55.89
5 Jessica Brown	Springwood	3:02.11

**Girls U 15 - 800 Metre Run**

Region: R 2:32.69 15-Feb-15 Ivy Beglinger, Katoomba  
State: S 2:09.57 20-Mar-16 Carley Thomas, Hills Distri

Name	Age Centre	Final
1 Amy Belfanti	Bathurst & District	2:34.76
2 Brooke Galley	Dubbo	2:41.71
3 Jessica-rose Lutschini	Lithgow	2:55.78
4 Kennedy Chapman	Dubbo	2:56.45
5 Caitlyn Broadfoot	Orange	2:56.48
6 Lily Craig	Orange	2:58.63
7 Bridget Bell	Kurrajong Bilpin	2:59.90

**Girls U 17 - 800 Metre Run**

Region: R 2:24.66 17-Feb-13 Jessica Pascoe, FORBES  
State: S 2:12.59 25-Mar-12 Kate Spencer, Ryde

Name	Age Centre	Final
1 Zoe Gavin	Young & District	2:29.35
2 Lillie Healey	Lithgow	2:33.07
3 Julia Black	Kurrajong Bilpin	2:47.75

**Girls U 10 - 1500 Metre Run**

Region: R 5:29.56 16-Feb-13 Phoebe Litchfield, ORANGE  
State: S 4:56.90 18-Feb-12 Abbey Rockliff, Ku-Ring-Gai

Name	Age Centre	Final
1 Renelle Donges	Blayney	5:58.78
2 Chloe McGilvray	Mudgee	6:02.11
3 Tiana Heke	Springwood	6:02.20
4 Mia Penman	Dubbo	6:18.70
5 Jessica Berechree	Glenbrook	6:23.77
6 Rebecca Coyte	Kurrajong Bilpin	6:24.22
7 April Darby	Glenbrook	6:25.18
8 Kaileen Mumberson	Springwood	6:28.85
9 Philippa Martin	Orange	7:08.03

**Region 3 Championships  
Results**

**Girls U 11 - 1500 Metre Run**

Region: R 5:18.47 01-Feb-14 Maeve Goehner, Glenbrook			
State: S 4:44.07 19-Mar-16 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Ella Penman		Dubbo	5:42.28
2 Alexandra Sowinski		Kurrajong Bilpin	5:47.99
3 Holly White		Springwood	5:58.18
4 Abigail Francis		Orange	6:14.36
5 Eloise Lorking		Glenbrook	6:18.30
6 Hannah Roots		Springwood	6:20.13
7 Paige Nash		Kurrajong Bilpin	6:56.51
8 Cassidy Feltham		Kurrajong Bilpin	7:01.68
9 Tegan Daley		Springwood	7:03.98
10 Molly Wilson		Narromine	7:16.04

**Girls U 12 - 1500 Metre Run**

Region: R 5:14.91 14-Feb-15 Maeve Goehner, Glenbrook			
State: S 4:34.47 22-Mar-14 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Hope Coombes		Bathurst & District	5:29.28
2 Sophie Martin		Orange	5:37.94
3 Zoe Sullivan		Kurrajong Bilpin	5:43.67
4 Alana De Bortoli-dodson		Springwood	5:55.85
5 Ashlyn Lowe		Springwood	6:51.24
6 Cordelia Navin		Kurrajong Bilpin	6:55.38
7 Alicia Nobles		Bathurst & District	7:06.15
8 Daria Olney		Oberon	7:20.81
9 Beryl Brown		Cowra	8:51.03

**Girls U 13 - 1500 Metre Run**

Region: R 4:57.20 13-Feb-16 Maeve Goehner, Glenbrook			
State: S 4:36.10 21-Feb-87 Suzy Walsham, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Emilee Curran		Bathurst & District	5:39.26
2 Mirah Larkin		Katoomba	5:47.23
3 Sarah Berechree		Glenbrook	6:15.73

**Girls U 14 - 1500 Metre Run**

Region: R 4:49.55 11-Feb-17 Maeve Goehner, Glenbrook			
State: S 4:35.30 15-Mar-03 Lexy Gilmour, Helensburgh			
Name	Age	Centre	Final
1 Maeve Goehner		Glenbrook	4:49.55R
2 Georgie Purcell		Springwood	4:52.71
3 Lillian Patterson		Springwood	4:54.89
4 Jessica Brown		Springwood	6:05.85
5 Jessica Ferraro		Dubbo	6:31.40

### Region 3 Championships Results

#### Girls U 15 - 1500 Metre Run

Region: R 5:19.19 01-Feb-14 Sarah Luxford, Springwood			
State: S 4:30.10 19-Mar-16 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Amy Belfanti		Bathurst & District	5:23.45
2 Caitlyn Broadfoot		Orange	5:41.25
3 Bridget Bell		Kurrajong Bilpin	5:47.46
4 Jessica-rose Lutschini		Lithgow	5:49.74
5 Lily Craig		Orange	5:50.88
6 Kennedy Chapman		Dubbo	6:16.86
7 Erin Barclay		Dubbo	7:01.26

#### Girls U 17 - 1500 Metre Run

Region: R 4:58.20 13-Feb-16 Kelsey Gray, Orange			
State: S 4:33.13 20-Mar-10 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
1 Zoe Gavin		Young & District	5:11.66
2 Lillie Healey		Lithgow	5:19.91
3 Kaitlin Bell		Glenbrook	5:33.33
4 Maggie Smith		Orange	5:55.77

#### Girls U 13 - 3000 Metre Run

Region: R 10:55.86 13-Feb-16 Maeve Goehner, Glenbrook			
State: S 9:58.99 15-Feb-15 Abbey Rockliff, Ku-Ring-Ga			
Name	Age	Centre	Final
1 Mirah Larkin		Katoomba	11:55.18
2 Emilee Curran		Bathurst & District	12:42.77
3 Maddy Coombes		Bathurst & District	14:00.25

#### Girls U 14 - 3000 Metre Run

Region: R 11:24.40 11-Feb-17 Maeve Goehner, Glenbrook			
State: S 9:59.16 20-Mar-15 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Maeve Goehner		Glenbrook	11:24.40R
2 Jessica Brown		Springwood	12:44.74

#### Girls U 15 - 3000 Metre Run

Region: R 11:51.78 14-Feb-15 Zoe Gavin, Young			
State: S 9:43.02 18-Mar-16 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Caitlyn Broadfoot		Orange	12:09.24
2 Lily Craig		Orange	12:26.84
3 Bridget Bell		Kurrajong Bilpin	12:28.75
4 Jessica-rose Lutschini		Lithgow	13:53.12
5 Erin Barclay		Dubbo	15:17.18



**Region 3 Championships  
Results**

**Girls U 17 - 3000 Metre Run**

Name	Age	Centre	Final
Region: R 11:09.64 13-Feb-16 Kelsey Gray, Orange			
State: S 9:57.22 15-Feb-14 Jessica Hull, Albion Park			
1 Kaitlin Bell		Glenbrook	11:58.90
2 Maggie Smith		Orange	12:59.90

**Girls U 8 - 60 Metre Hurdles (45cm)**

Name	Age	Centre	Final
Region: R 11.69 16-Feb-13 Kaitlyn Norris, Gilgandra			
State: S 10.92 30-Jan-16 Tammin Lampret, Port Hacking			
1 Lilla Oehm		Gilgandra	12.29
2 Kiahna Koutsonikolis		Springwood	12.42
3 Seda Amputch		Springwood	13.31
4 Shaylee Lauer		Springwood	13.48
5 Matilda Gill		Glenbrook	13.89
6 Sarah Keogh		Gilgandra	15.31
7 Tia Allan		Gilgandra	15.52
8 Kailea Isbister		Bathurst & District	17.72

Section 2

1 Isabella Ferguson		Springwood	13.65
2 Sophie Phelan		Canowindra	14.33
3 Mia Johns		Bathurst & District	14.68
4 Isabella Wells		Lithgow	15.37
5 Olivia Brown		Springwood	16.45

**Girls U 9 - 60 Metre Hurdles (45cm)**

Name	Age	Centre	Final
Region: R 10.12 16-Feb-13 Brooke Keller, Kurrajong Bilp			
State: S 9.84 21-Feb-09 Chyna Tavai-Williams, Bankstow			
Section 1			
1 Clare Williamson		Springwood	11.58
2 Allyssa Ng-saad		Katoomba	11.97
3 Alexandra Capararo		Glenbrook	12.33
4 Lily Evans		Kurrajong Bilpin	12.63
5 Sarah Chandler		Gilgandra	13.17
6 Keiley Whatman		Orange	13.45
7 Sarah Portelli		Kurrajong Bilpin	13.55

Section 2

1 Taya Moore		Springwood	11.54
2 Georgie Zahra		Glenbrook	12.23
3 Lucy Webber		Glenbrook	13.27
4 April Klein		Wellington	13.33
5 Remi Chilstone		Cowra	14.06
6 Shiloh Ballard		Cowra	14.20

**Region 3 Championships  
Results**

**Girls U 10 - 60 Metre Hurdles (60cm)**

Name	Age	Centre	Final
Region: R	10.74	01-Feb-14	Brooke Keller, Kurrajong Bilp
State: S	9.84	20-Mar-10	Chyna Tavai-Williams, Bankstow

Section 1

1	Natalie Nash	Springwood	12.90
2	Tiaani Bijelic	Bathurst & District	12.95
3	Eliza English	Mudgee	13.49
4	Ruby Zell	Dubbo	13.65
5	Elizabeth Corner	Orange	14.19

Section 2

1	Chloe Evans	Kurrajong Bilpin	12.74
2	Georgia Veech	Wellington	12.82
3	Caitlin Feltham	Kurrajong Bilpin	13.30
4	Clarissa Rintoul	Springwood	13.67
5	Charlotte Masonwells	Narromine	13.85
6	Demelza Lee	Cumnock	14.27

**Girls U 11 - 60 Metre Hurdles (60cm)**

Name	Age	Centre	Final
Region: R	9.95	01-Feb-14	Maya Piras, Dubbo
State: S	9.34	20-Mar-04	Annaliese Gardiner, Ku-Ring-G

Section 1

1	Olivia Hall	Dubbo	11.92
2	Taylah Hobbs	Cumnock	11.96
3	Ella Standish	Kurrajong Bilpin	12.13
4	Bella Brownlie	Young & District	12.93
5	Tanisha Riddle	Forbes	13.79
6	Charlotte Horrex Barnet	Glenbrook	13.88

Section 2

1	Paige Lowe	Bathurst & District	11.58
2	Cally Dawson	Orange	12.54
3	Bella McSpadden	Glenbrook	12.67
4	Chyna Moore	Springwood	13.11
5	Eleisha McKone	Blayney	13.32
6	Molly Robinson	Lithgow	13.59
7	Annalisa Ely	Katoomba	13.64
8	Sarah Morley	Cobar	14.28

**Girls U 12 - 60 Metre Hurdles (68cm)**

Name	Age	Centre	Final
Region: R	9.94	14-Feb-15	Maya Piras, Dubbo
State: S	9.34	19-Mar-05	Annaliese Gardiner, Ku-Ring-G

Section 1

1	Hayley Davis	Bathurst & District	11.26
2	Natasha Watson	Glenbrook	12.04
3	Olivia Papworth	Gulgong	12.72
4	Molly Jones	Springwood	13.34

Section 2

1	Alesha Bennetts	Mudgee	10.59
2	Kate Leach	Kurrajong Bilpin	12.10
3	Hannah Haberman	Springwood	12.41

**Region 3 Championships  
Results**

**....Girls U 12 - 60 Metre Hurdles (68cm)**

4 Hope Gibson Orange 12.77

**Girls U 13 - 80 Metre Hurdles (76cm)**

Region: R 13.30 14-Feb-16 Maya Piras, Dubbo

State: S 12.26 15-Feb-15 Mia Hemsworth, Ku-Ring-Gai

Name	Age	Centre	Final
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Section 1

1 Olivia De La Harpe		Springwood	15.00
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2 Zara Ebeling		Glenbrook	15.60
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3 Jada Trapman		Cumnock	17.16
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**Girls U 14 - 80 Metre Hurdles (76cm)**

Region: R 12.84 12-Feb-17 Maya Piras, Dubbo

State: S 11.94 19-Mar-06 Carly Rodger, Port Hacking

Name	Age	Centre	Final
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1 Maya Piras		Dubbo	12.84R
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2 Cleo Dickie		Blayney	13.69
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3 Ashley Robinson		Lithgow	15.91
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4 Renee Hardy		Kurrajong Bilpin	17.01
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5 Taeja Holley		Kurrajong Bilpin	18.53
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6 Cleo Price		Glenbrook	19.70
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**Girls U 15 - 90 Metre Hurdles (76cm)**

Region: R 14.26 15-Feb-15 Caitlin Reeves, Bathurst

State: S 12.44 03-Mar-07 Carly Rodger, Port Hacking

Name	Age	Centre	Final
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1 Caitlyn Broadfoot		Orange	17.21
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2 Jessica Woodward		Springwood	17.25
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3 Annabelle Crisp		Orange	18.36
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4 Lillyannah Pankhurst		Bathurst & District	20.00
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**Girls U 17 - 100 Metre Hurdles (76cm)**

Region: R 15.96 14-Feb-16 Caitlin Reeves, Bathurst

State: S 13.87 21-Mar-10 Michelle Jenneke, Cherrybrook

Name	Age	Centre	Final
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1 Katelin Ellyard		Kurrajong Bilpin	17.21
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2 Ella Warwick-day		Springwood	19.44
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3 Kathryn Evans		Bathurst & District	22.03
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**Girls U 13 - 200 Metre Hurdles (68cm)**

Region: R 31.37 14-Feb-15 Kiara Ison, Kurrajong Bilpin

State: S 28.24 19-Feb-00 Tahlia Gray, Canterbury

Name	Age	Centre	Final
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1 Olivia De La Harpe		Springwood	32.56
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2 Zara Ebeling		Glenbrook	33.56
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3 Isabella Jacobson		Glenbrook	34.98
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**Region 3 Championships  
Results**

**....Girls U 13 - 200 Metre Hurdles (68cm)**

4 Ashleigh Collins Kurrajong Bilpin 40.30

**Girls U 14 - 200 Metre Hurdles (76cm)**

Region: R 29.31 11-Feb-17 Cleo Dickie, Blayney

State: S 27.04 18-Mar-06 Carly Rodger, Port Hacking

Name	Age	Centre	Final
1 Cleo Dickie		Blayney	29.31R
2 Ashley Robinson		Lithgow	31.72
3 Monique May		Dubbo	33.74
4 Renee Hardy		Kurrajong Bilpin	34.19
5 Cleo Price		Glenbrook	41.84

**Girls U 15 - 300 Metre Hurdles (76cm)**

Region: R 52.40 11-Feb-17 Annabelle Crisp, Orange

Name	Age	Centre	Final
1 Annabelle Crisp		Orange	52.40R
2 Jessica Keogh		Gilgandra	55.53

**Girls U 17 - 300 Metre Hurdles (76cm)**

Region: R 52.82 11-Feb-17 Katelin Ellyard, Kurrajong Bi

Name	Age	Centre	Final
1 Katelin Ellyard		Kurrajong Bilpin	52.82R
2 Julia Black		Kurrajong Bilpin	54.85

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Region: R 59.78 02-Feb-14 Kurrajong Bilpin

K Leach, J Bilbija, B Keller, K Ison

State: S 54.62 25-Mar-12 Manly Warringah

Centre	Final
1 Glenbrook	1:01.59
1) Jezebel Mills 11	2) Bryanna Pettinato 10
3) Isla Puri 9	4) Emily Snelling 12
2 Dubbo	1:03.74
1) Xanthie Chatfield 10	2) Ella Penman 11
3) Kiara McKeown 9	4) Georgia Cudmore 12
3 Mudgee	1:04.17
1) Rachel Marshall 9	2) Charlotte Brown 11
3) Eliza English 10	4) Kasey Hayes 12
4 Orange	1:04.58
1) Lily Bangert 9	2) Hope Gibson 12
3) Sadie Keegan 10	4) Cally Dawson 11
5 Bathurst & District	1:06.73
1) Katie McPhail 9	2) Paige Lowe 11
3) Hollie Ruming 10	4) Hayley Davis 12

**Region 3 Championships  
Results**

**Girls U 12-17 4x100 Metre Relay (Snr)**

Region: R 52.84 14-Feb-16 Bathurst & District, Bathurst A Belfanti, E Cosgrove, T Bush, C Reeves			
State: S 48.69 24-Mar-13 Manly Warringah			
Centre			Final
1 Kurrajong Bilpin			53.61
1) Ella Young 13	2) Phoebe Young 15		
3) Georgia Messina 14	4) Caitlyn Ferrier 15		
2 Mudgee			53.73
1) Bronte Comincioli 14	2) Mia Baggett 13		
3) Tayla Riley 15	4) Alesha Bennetts 12		
3 Bathurst & District			57.22
1) Lillyannah Pankhurst 15	2) Faith Grey 13		
3) Cushla Rue 14	4) Amy Belfanti 15		
4 Orange			58.53
1) Poppy Keegan 13	2) Brooke Barrett 14		
3) Rhiannon Dennis 15	4) Jemma Barrett 17		

**Girls U 9 - High Jump (S/H 0.85m)**

Region: R 1.26m 16-Feb-13 Brooke Keller, Kurrajong Bilp			
State: S 1.39m 24-Mar-12 Tomysa Clark, Port Hacking			
Name	Age	Centre	Final
Flight 1			
1 Gemma Boland		Nyngan	1.03m
2 Alexandra Capararo		Glenbrook	1.00m
3 Kiara McKeown		Dubbo	0.95m
4 Taya Moore		Springwood	0.95m
5 Matilda Horrex Barnet		Glenbrook	0.95m
6 Amelia Hamilton		Glenbrook	0.85m
6 Xylia Davidson		Kurrajong Bilpin	0.85m
8 Lily Evans		Kurrajong Bilpin	0.85m
9 Jorja Pender		Lithgow	0.85m
-- Aalliyah Gerisch		Kurrajong Bilpin	NH
-- Xanthe Locke		Orange	NH

**Girls U 10 - High Jump (S/H 0.95m)**

Region: R 1.19m 02-Feb-14 Brooke Keller, Kurrajong Bilp			
State: S 1.47m 24-Mar-13 Tomysa Clark, Port Hacking			
Name	Age	Centre	Final
1 Demelza Lee		Cumnock	1.11m
2 Annika Della Bosca		Lithgow	1.05m
3 Emma Orme		Springwood	1.00m
4 Natalie Nash		Springwood	1.00m
5 Elizabeth Godwin		Glenbrook	0.95m
6 Suri Althofer		Mudgee	0.95m
-- Elizabeth Corner		Orange	NH

### Region 3 Championships Results

#### Girls U 11 - High Jump (S/H 1.05m)

Name	Age	Centre	Final
Region: R 1.25m 01-Feb-14 Lianna Davidson, Kurrajong Bi			
Region: R 1.25m 11-Feb-17 Olivia Harris, Glenbrook			
State: S 1.55m 22-Mar-14 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
1 Olivia Harris		Glenbrook	1.25mR
2 Paige Lowe		Bathurst & District	1.20m
3 Lani Gleeson		Springwood	1.15m
4 Olivia Hall		Dubbo	1.15m
4 Aimee Zell		Dubbo	1.15m
6 Charlotte-paige Jonsson		Kurrajong Bilpin	1.10m
7 Ebony Pender		Lithgow	1.10m
8 Jezebel Mills		Glenbrook	1.05m
8 Rachel Masling		Orange	1.05m
-- Eleisha McKone		Blayney	NH
-- Tasmyn Davies		Lithgow	NH

#### Girls U 12 - High Jump (S/H 1.15m)

Name	Age	Centre	Final
Region: R 1.42m 02-Feb-14 Kiara Ison, Kurrajong Bilpin			
State: S 1.65m 20-Mar-15 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
1 Zoe Sullivan		Kurrajong Bilpin	1.33m
2 Molly Jones		Springwood	1.33m
3 Emily Gallen		Coonamble	1.33m
4 Ashleigh Carlow		Gilgandra	1.30m
5 Georgia Cudmore		Dubbo	1.20m
6 Imogen Della Bosca		Lithgow	1.20m
-- Katerina Reynolds		Springwood	NH
-- Kelsey Hutchison		Gilgandra	NH
-- Amelia Marsh		Gulgong	NH

#### Girls U 13 - High Jump (S/H 1.20m)

Name	Age	Centre	Final
Region: R 1.53m 16-Feb-13 Natalie Chapman, Kurrajong Bi			
State: S 1.80m 22-Mar-87 Sonja Wennekes, Sutherland			
Name	Age	Centre	Final
1 Millie Gooch		Dubbo	1.45m
1 Olivia De La Harpe		Springwood	1.45m
3 Abbey Burke		Glenbrook	1.35m
4 Jada Trapman		Cumnock	1.35m
5 Zara Ebeling		Glenbrook	1.30m
6 Ava Healey		Lithgow	1.30m
7 Chanel Knight		Nyngan	1.25m

#### Girls U 14 - High Jump (S/H 1.25m)

Name	Age	Centre	Final
Region: R 1.54m 14-Feb-16 Teagan Germech, Bathurst			
State: S 1.75m 19-Mar-06 Mia McKinnon, Port Hacking			
State: S 1.75m 18-Mar-07 Amy Pejkoivic, Cherrybrook			
Name	Age	Centre	Final
1 Grace Alchin		Gilgandra	1.40m
2 Brooke Barrett		Orange	1.35m

### Region 3 Championships Results

#### ....Girls U 14 - High Jump (S/H 1.25m)

3	Georgia Messina	Kurrajong Bilpin	1.35m
4	Kallan Phillips	Lithgow	1.30m
5	Hannah Towns	Coonamble	1.25m

#### Girls U 15 - High Jump (S/H 1.25m)

Name	Age	Centre	Final
Region: R 1.52m 01-Feb-14 Chloe Richards, Orange			
State: S 1.80m 16-Mar-08 Amy PejkoVIC, Cherrybrook			
1	Olivia Richards	Blayney	1.41m
2	Jessica Keogh	Gilgandra	1.38m

#### Girls U 17 - High Jump (S/H 1.30m)

Name	Age	Centre	Final
Region: R 1.59m 14-Feb-16 Isabella Cameron, Dubbo			
State: S 1.84m 21-Mar-10 Emily Crutcher, Grenfell			
1	Anastasia Newstead	Gilgandra	1.35m

#### Girls U 8 - Long Jump

Name	Age	Centre	Final
Region: R 3.24m 11-Feb-17 Amelia Crouch, Springwood			
State: S 4.17m 02-Mar-86 Danya Kerr, Winston Hills			
1	Amelia Crouch	Springwood	3.24mR
2	Seda Amputch	Springwood	3.16m
3	Georgina Stanley	Mudgee	2.75m
4	Isabella Wells	Lithgow	2.75m
5	Matilda Gill	Glenbrook	2.68m
6	Maddison Lowe	Springwood	2.61m
7	Mia Johns	Bathurst & District	2.50m
8	Sian Campbell	Bathurst & District	2.49m
9	Caitlin Murphy	Glenbrook	2.47m
10	Sarah Keogh	Gilgandra	2.39m
11	Zahlee Fernando	Coonamble	2.33m
12	Kasey Wallace	Bathurst & District	2.32m
13	Lily Duffy	Bathurst & District	2.28m
14	Tia Allan	Gilgandra	1.96m

#### Girls U 9 - Long Jump

Name	Age	Centre	Final
Region: R 4.07m 17-Feb-13 Brooke Keller, Kurrajong Bilp			
State: S 4.42m 16-Mar-85 Selina Dundas, Armidale			
1	Zara Nicholas	Springwood	3.52m
2	Kaylee Alderson	Katoomba	3.32m
3	Gemma Boland	Nyngan	3.31m
4	Isla Puri	Glenbrook	3.26m
5	Remi Chilstone	Cowra	3.16m
6	Lily Evans	Kurrajong Bilpin	3.07m
7	Georgie Zahra	Glenbrook	3.03m
8	Taleah Ison	Kurrajong Bilpin	3.02m

**Region 3 Championships  
Results**

**....Girls U 9 - Long Jump**

9	Xanthe Locke	Orange	2.85m
10	Maddison Amiet	Gilgandra	2.80m
11	Alexandra Grimshaw	Kandos Rylstone	2.70m
11	Lily Bangert	Orange	2.70m

**Girls U 10 - Long Jump**

=====			
Region: R 4.41m		01-Feb-14	Brooke Keller, Kurrajong Bilp
State: S 4.75m		24-Mar-91	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
1	Tiaani Bijelic	Bathurst & District	3.45m
2	Bryanna Pettinato	Glenbrook	3.37m
3	Georgia Veech	Wellington	3.37m
4	Chloe Evans	Kurrajong Bilpin	3.33m
5	Tanissa Ali	Glenbrook	3.25m
6	Maggie Kirby	Cumnock	3.22m
7	Eliza English	Mudgee	3.19m
8	Caitlin Feltham	Kurrajong Bilpin	3.12m
9	Zoe Wood	Cumnock	2.98m
10	Billie Allan	Gilgandra	2.88m

**Girls U 11 - Long Jump**

=====			
Region: R 4.54m		15-Feb-15	Brooke Keller, Kurrajong Bilp
State: S 4.97m		20-Mar-11	Chyna Tavai-Williams, Banksto
Name	Age	Centre	Final
=====			
1	Hannah Roots	Springwood	3.69m
2	Olivia Hall	Dubbo	3.59m
3	Cassidy Feltham	Kurrajong Bilpin	3.53m
4	Georgie McPhail	Bathurst & District	3.46m
5	Taylah Hobbs	Cumnock	3.46m
6	Cally Dawson	Orange	3.39m
7	Aimee Zell	Dubbo	3.33m
8	Lani Gleeson	Springwood	3.24m
9	Sarah Morley	Cobar	2.92m
10	Tayah Crook	Lithgow	2.91m
11	Molly Robinson	Lithgow	2.89m
12	Kate Turnbull	Narromine	2.86m
13	Abigail Francis	Orange	2.77m
14	Lani Amputch	Springwood	2.42m
15	Tasmyn Davies	Lithgow	2.24m

**Girls U 12 - Long Jump**

=====			
Region: R 4.79m		13-Feb-16	Brooke Keller, Kurrajong Bilp
State: S 5.42m		16-Mar-86	Tracy Blackburn, Kurri Kurri
Name	Age	Centre	Final
=====			
1	Amelia Browning	Mudgee	4.27m
2	Alesha Bennetts	Mudgee	4.13m
3	Kate Leach	Kurrajong Bilpin	3.90m
4	Catriona Haberman	Springwood	3.89m
5	Kasey Hayes	Mudgee	3.88m
6	Hannah Haberman	Springwood	3.84m



### Region 3 Championships Results

#### ....Girls U 12 - Long Jump

7	Emily Gallen	Coonamble	3.66m
8	Ashleigh Carlow	Gilgandra	3.60m
9	Olivia Papworth	Gulgong	3.55m
10	Hope Gibson	Orange	3.46m
11	Megan Riley	Mudgee	3.43m
12	Rani Diggs	Gilgandra	3.39m
13	Alira Benson	Katoomba	2.58m

#### Girls U 13 - Long Jump

Region: R 4.67m 16-Feb-13 Caitlin Reeves, Bathurst

State: S 5.51m 24-Mar-91 Leanne Richardson, Dubbo

Name	Age	Centre	Final
1	Ella Young	Kurrajong Bilpin	4.56m
2	Millie Gooch	Dubbo	4.49m
3	Olivia De La Harpe	Springwood	4.39m
4	Ella Hutchison	Narromine	4.31m
5	Ava Healey	Lithgow	4.21m
6	Emilee Curran	Bathurst & District	4.19m
7	Faith Grey	Bathurst & District	4.14m
8	Zara Ebeling	Glenbrook	4.11m
9	Alyssa Ellis	Dubbo	3.79m
10	Chanel Knight	Nyngan	3.77m
11	Sia-rose Campbell	Springwood	3.38m
12	Jada Trapman	Cumnock	3.34m

#### Girls U 14 - Long Jump

Region: R 5.31m 11-Feb-17 Cleo Dickie, Blayney

State: S 5.64m 10-Mar-91 Belinda Scott, Northern Distr

Name	Age	Centre	Final
1	Cleo Dickie	Blayney	5.31mR
2	Cushla Rue	Bathurst & District	4.67m
3	Ashley Robinson	Lithgow	4.23m
4	Tay Meehan	Katoomba	4.21m
5	Kyra Phillips	Lithgow	4.17m
6	Brooke Barrett	Orange	4.05m
7	Grace Alchin	Gilgandra	3.90m
8	Ella Trueman	Springwood	3.89m
9	Taeja Holley	Kurrajong Bilpin	3.65m
10	Cloe Robinson	Lithgow	3.55m
11	Jessica Ferraro	Dubbo	3.50m
12	Matilda Irvine	Narromine	3.39m

#### Girls U 15 - Long Jump

Region: R 5.19m 12-Feb-17 Phoebe Young, Kurrajong Bilpi

State: S 5.80m 19-Mar-05 Jacinta Doyle, Port Hacking

Name	Age	Centre	Final
1	Phoebe Young	Kurrajong Bilpin	5.19mR
2	Amy Belfanti	Bathurst & District	4.87m
3	Emily Stewart	Dubbo	4.63m
4	Kala Puri	Glenbrook	4.41m

**Region 3 Championships  
Results**

**....Girls U 15 - Long Jump**

5	Teoni Schleibs	Lithgow	4.32m
6	Olivia Richards	Blayney	4.25m
7	Caitlyn Broadfoot	Orange	4.22m
8	Annabelle Crisp	Orange	3.93m
9	Jessica Woodward	Springwood	1.50m

**Girls U 17 - Long Jump**

=====			
	Region: R 5.28m	14-Feb-16	Isabella Cameron, Dubbo
	State: S 5.84m	22-Mar-13	Audrey Kyriacou, Randwick Bot
Name	Age	Centre	Final
=====			
1	Anatasia Newstead	Gilgandra	4.48m
2	Jemma Barrett	Orange	4.44m
3	Eleanore Mercer	Springwood	4.09m
4	Tiffany Penfold	Young & District	4.09m
5	Kathryn Evans	Bathurst & District	3.94m
6	Emma Brodie	Bathurst & District	3.42m
7	Chloe Polack	Cobar	3.22m
8	Alicia Blanch	Kurrajong Bilpin	3.07m

**Girls U 11 - Triple Jump**

=====			
	Region: R 9.38m	14-Feb-15	Brooke Keller, Kurrajong Bil
	State: S 10.38m	21-Mar-04	Rebecca Mounsey, Albion Park
Name	Age	Centre	Final
=====			
1	Lily Rooney	Glenbrook	8.03m
2	Alexandra Sowinski	Kurrajong Bilpin	7.41m
3	Paige Lowe	Bathurst & District	7.18m
4	Bella McSpadden	Glenbrook	7.02m
5	Olivia Hall	Dubbo	7.02m
6	Emily Gilchrist	Springwood	6.75m
7	Zara Ali	Glenbrook	6.52m
8	Ava Pangas	Bathurst & District	6.45m
9	Courtney May	Dubbo	6.41m
10	Jezebel Mills	Glenbrook	5.83m
11	Lily Ingersole	Kurrajong Bilpin	5.45m

**Girls U 12 - Triple Jump**

=====			
	Region: R 10.06m	14-Feb-16	Brooke Keller, Kurrajong Bil
	State: S 10.94m	20-Mar-94	Amy Carpenter, Tuggerah Lake
Name	Age	Centre	Final
=====			
1	Hayley Davis	Bathurst & District	8.89m
2	Molly Jones	Springwood	8.71m
3	Kate Leach	Kurrajong Bilpin	8.52m
4	Catriona Haberman	Springwood	8.52m
5	Charlotte Abel	Kurrajong Bilpin	8.50m
6	Emily Snelling	Glenbrook	8.38m
7	Jacinta Packer	Kurrajong Bilpin	8.32m
8	Amelia Marsh	Gulgong	8.21m
9	Ashlyn Lowe	Springwood	7.52m
10	Abbey Kiss	Wellington	6.14m

**Region 3 Championships  
Results**

**Girls U 13 - Triple Jump**

Region: R 10.27m 17-Feb-13 Caitlin Reeves, Bathurst			
State: S 11.27m 20-Mar-16 Tomysa Clark, Port Hacking			
Name	Age	Centre	Final
1 Ella Young		Kurrajong Bilpin	9.86m
2 Olivia De La Harpe		Springwood	9.49m
3 Ella Hutchison		Narromine	9.09m
4 Zara Ebeling		Glenbrook	9.09m
5 Faith Grey		Bathurst & District	8.93m
6 Alyssa Ellis		Dubbo	8.48m
7 Bridgette Williams Smith		Kurrajong Bilpin	8.36m
8 Sia-rose Campbell		Springwood	8.20m
9 Bianca Packer		Kurrajong Bilpin	8.04m
10 Maddy Coombes		Bathurst & District	7.01m
11 Kirilee Scott		Bathurst & District	6.26m

**Girls U 14 - Triple Jump**

Region: R 10.33m 15-Feb-15 Mackenzie Stone, Glenbrook			
State: S 12.15m 16-Mar-03 Alyisha House, Koorringal Wag			
Name	Age	Centre	Final
1 Cushla Rue		Bathurst & District	9.44m
2 Tay Meehan		Katoomba	9.10m
3 Taeja Holley		Kurrajong Bilpin	9.05m
4 Brooke Barrett		Orange	9.01m
5 Ashley Robinson		Lithgow	8.95m
6 Hannah Carroll		Cobar	8.56m
7 Georgia Messina		Kurrajong Bilpin	8.49m
8 Cloe Robinson		Lithgow	8.00m

**Girls U 15 - Triple Jump**

Region: R 11.12m 11-Feb-17 Phoebe Young, Kurrajong Bilp			
State: S 12.42m 21-Mar-04 Alyisha House, Koorringal Wag			
Name	Age	Centre	Final
1 Phoebe Young		Kurrajong Bilpin	11.12mR
2 Amy Belfanti		Bathurst & District	10.05m
3 Teoni Schleibs		Lithgow	9.56m
4 Alison Toohey		Dubbo	9.11m
5 Jessica Keogh		Gilgandra	8.32m
6 Olivia Richards		Blayney	8.16m

**Girls U 17 - Triple Jump**

Region: R 10.74m 14-Feb-15 Lauren Russell, Kurrajong Bi			
State: S 12.52m 31-Jan-16 Jasmine Fountas, Randwick Bo			
Name	Age	Centre	Final
1 Anatasia Newstead		Gilgandra	10.12m
2 Jemma Barrett		Orange	9.94m
3 Katelin Ellyard		Kurrajong Bilpin	9.38m
4 Kathryn Evans		Bathurst & District	9.10m
5 Kaylah Lamb		Glenbrook	8.55m
6 Tiffany Penfold		Young & District	8.46m

**Region 3 Championships  
Results**

**....Girls U 17 - Triple Jump**

7	Kaitlin Bell	Glenbrook	8.38m
8	Eleanore Mercer	Springwood	8.11m
9	Alicia Blanch	Kurrajong Bilpin	7.50m

**Girls U 8 - Shot Put (1.5 Kg)**

=====			
Region: R 5.42m		12-Feb-17	Isabella Wells, Lithgow
State: S 8.52m		17-Feb-02	Kristy Dingwall, Smithfield
Name	Age	Centre	Final
=====			
1	Isabella Wells	Lithgow	5.42mR
2	Isabella Ferguson	Springwood	5.18m
3	Sophie Morris	Blayney	5.07m
4	Jordan Neeves	Gilgandra	4.75m
5	Louise Ringbauer	Kurrajong Bilpin	4.66m
6	Sian Campbell	Bathurst & District	4.56m
7	Aaliyah Carroll	Dubbo	4.19m
8	Tia Allan	Gilgandra	4.11m
9	Clare Wood	Cumnock	3.94m
10	Tilly Hancock	Bathurst & District	3.78m
11	Josey Kearney	Dubbo	3.37m
12	Heidi Turnbull	Narromine	3.16m
13	Mia Johns	Bathurst & District	2.88m

**Girls U 9 - Shot Put (2.0 Kg)**

=====			
Region: R 6.21m		16-Feb-13	Georgia Portelli, Kurrajong B
State: S 9.23m		01-Mar-14	Maliyah Osbaldiston, Bankstow
Name	Age	Centre	Final
=====			
1	Georgie Zahra	Glenbrook	5.99m
2	Leah Blinkhorn	Glenbrook	4.99m
3	Sarah Portelli	Kurrajong Bilpin	4.86m
4	Bridey Graham	Dubbo	4.82m
5	Alexandra Capararo	Glenbrook	4.59m
6	Jessica Harris	Glenbrook	4.41m
7	Chloe Browning	Mudgee	4.00m
8	Xylia Davidson	Kurrajong Bilpin	3.95m
9	Paige Gibson	Orange	3.70m
10	Ayva Gurney	Wellington	3.19m
11	Julianah Hegarty	Coonamble	3.12m
12	Imogen Kath	Forbes	3.12m

**Girls U 10 - Shot Put (2.0 Kg)**

=====			
Region: R 8.35m		12-Feb-17	Xanthie Chatfield, Dubbo
State: S 11.92m		19-Feb-06	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Xanthie Chatfield	Dubbo	8.35mR
2	Laura Scott	Bathurst & District	7.44m
3	Hollie Ruming	Bathurst & District	7.11m
4	Sadie Keegan	Orange	7.02m
5	Emma Orme	Springwood	6.62m
6	Molly Gill	Glenbrook	5.45m
7	Lilly Allport	Glenbrook	5.43m

**Region 3 Championships  
Results**

**....Girls U 10 - Shot Put (2.0 Kg)**

8	Abbey Collins	Kurrajong Bilpin	5.29m
9	Georgia Haines	Kurrajong Bilpin	4.89m
10	Maddison Rusten	Oberon	4.66m
11	Hope Smith	Coonamble	4.36m
12	Elizabeth Godwin	Glenbrook	4.22m

**Girls U 11 - Shot Put (2.0 Kg)**

Region: R 10.84m 13-Feb-16 Amity Buss, Glenbrook  
State: S 14.07m 18-Mar-07 Filoi Aokuso, Blacktown

Name	Age Centre	Final
------	------------	-------

1	Tasmyn Davies	Lithgow	8.75m
2	Alexandra Sowinski	Kurrajong Bilpin	8.59m
3	Rachel Masling	Orange	7.61m
4	Addison Chapman	Dubbo	7.37m
5	Olivia Harris	Glenbrook	7.31m
6	Zara Ali	Glenbrook	6.58m
7	Savannah Buss	Glenbrook	6.30m
8	Ella Graham	Dubbo	6.29m
9	Cara Dennis	Orange	5.90m
10	Lily Ingersole	Kurrajong Bilpin	5.77m
11	Mirrin Sharp	Lithgow	4.84m

**Girls U 12 - Shot Put (2.0 Kg)**

Region: R 11.30m 12-Feb-17 Amity Buss, Glenbrook  
State: S 16.19m 20-Mar-88 Kylie Standing, Bankstown

Name	Age Centre	Final
------	------------	-------

1	Amity Buss	Glenbrook	11.30mR
2	Natasha Watson	Glenbrook	10.24m
3	Caitlin Morris	Blayney	9.76m
4	Jacinta Packer	Kurrajong Bilpin	8.87m
5	Thalia Ruming	Bathurst & District	8.21m
6	Charlotte Brown	Springwood	7.38m
7	Katerina Reynolds	Springwood	6.84m
8	Anna Lee	Wellington	6.59m
9	Molly Cullen	Walgett	6.35m
10	Chelsea Hromek	Kurrajong Bilpin	6.18m
11	Imogen Della Bosca	Lithgow	5.93m
12	Brianna Bennett	Oberon	5.77m
13	Kelsey Hutchison	Gilgandra	4.87m

**Girls U 13 - Shot Put (3.0 Kg)**

Region: R 10.47m 11-Feb-17 Georgia Portelli, Kurrajong  
State: S 14.95m 24-Mar-12 Grace Robinson, St George

Name	Age Centre	Final
------	------------	-------

1	Georgia Portelli	Kurrajong Bilpin	10.47mR
2	Poppy Keegan	Orange	9.90m
3	Bianca Packer	Kurrajong Bilpin	8.38m
4	Charlotte Husarek	Glenbrook	7.62m
5	Alyssa Ellis	Dubbo	6.69m
6	Faith Grey	Bathurst & District	6.68m

**Region 3 Championships  
Results**

**....Girls U 13 - Shot Put (3.0 Kg)**

7 Shakaye Walker	Coonamble	6.61m
8 Jade Wye	Nyngan	6.09m
9 Zoe Fairweather	Kurrajong Bilpin	5.68m
10 Ashleigh Collins	Kurrajong Bilpin	5.33m
11 Emily Palmer	Orange	4.55m

**Girls U 14 - Shot Put (3.0 Kg)**

Name	Age Centre	Final
Region: R 11.98m 01-Feb-14 Tayla Garratt, Cowra		
State: S 15.94m 22-Mar-13 Grace Robinson, St George		
1 Hannah Carroll	Cobar	11.04m
2 Kyra Phillips	Lithgow	10.41m
3 Kallan Phillips	Lithgow	9.36m
4 Renee Hardy	Kurrajong Bilpin	9.34m
5 Ella Trueman	Springwood	9.14m
6 Lianna Davidson	Kurrajong Bilpin	8.84m
7 Grace Alchin	Gilgandra	7.06m
8 Sarah Williamson	Dubbo	6.59m

**Girls U 15 - Shot Put (3.0 Kg)**

Name	Age Centre	Final
Region: R 10.79m 12-Feb-17 Caitlin Egan, Springwood		
State: S 15.25m 16-Feb-14 Grace Robinson, St George		
1 Caitlin Egan	Springwood	10.79mR
2 Teleisha Besant	Bathurst & District	10.62m
3 Eloise Bell	Narromine	9.27m
4 Sarah Penfold	Young & District	8.83m
5 Sharna Kinghorne	Blayney	7.62m

**Girls U 17 - Shot Put (3.0 Kg)**

Name	Age Centre	Final
Region: R 11.27m 12-Feb-17 Ebony Hay, Orange		
State: S 16.29m 18-Feb-12 Taylah Sengul, Nepean		
1 Ebony Hay	Orange	11.27mR
2 Violet Wetsteyn	Glenbrook	11.22m
3 Tiffany Penfold	Young & District	10.19m
4 Marlies Hopman	Glenbrook	9.66m
5 Ella Lewis	Blayney	9.25m
6 Hannah Kriz	Cobar	9.12m
7 Emily Brown	Springwood	7.15m
8 Alicia Blanch	Kurrajong Bilpin	4.73m

**Girls U 8 - Discus (500 Gram)**

Name	Age Centre	Final
Region: R 15.68m 13-Feb-16 Grace Peters, Dubbo		
State: S 24.42m 23-Nov-03 Taylah Sengul, Winston Hills		
1 Louise Ringbauer	Kurrajong Bilpin	13.48m
2 Isabella Wells	Lithgow	12.76m

**Region 3 Championships  
Results**

**....Girls U 8 - Discus (500 Gram)**

3	Matilda Gill	Glenbrook	12.18m
4	Caitlin Murphy	Glenbrook	11.98m
5	Isabella Ferguson	Springwood	11.87m
6	Sophie Morris	Blayney	11.57m
7	Dallyce Rose	Glenbrook	11.12m
8	Layla Thompson	Orange	9.96m
9	Annabelle Orme	Springwood	9.96m
10	Icelyn Scott	Glenbrook	8.93m
11	Kasey Wallace	Bathurst & District	8.01m
12	Clare Wood	Cumnock	7.82m
13	Tia Allan	Gilgandra	7.36m
14	Aaliyah Carroll	Dubbo	5.80m

**Girls U 9 - Discus (500 Gram)**

Region: R 19.98m 02-Feb-14 Natasha Watson, Glenbrook  
 State: S 31.22m 28-Nov-04 Filoi Aokuso, Blacktown

Name	Age	Centre	Final
1	Leah Blinkhorn	Glenbrook	18.86m
2	Sarah Portelli	Kurrajong Bilpin	17.95m
3	Georgie Zahra	Glenbrook	14.14m
4	Xylia Davidson	Kurrajong Bilpin	12.44m
5	Bridey Graham	Dubbo	11.85m
6	Sophie Dunbar	Oberon	11.82m
7	Ayva Gurney	Wellington	11.26m
8	Dimity Smith	Nyngan	10.26m
9	Maree Weate	Walgett	8.50m
10	Jessica Harris	Glenbrook	8.48m
11	Stevie-lee Furner-o'neil	Kandos Rylstone	8.34m
12	Chloe Browning	Mudgee	8.29m
13	Katie McPhail	Bathurst & District	7.90m

**Girls U 10 - Discus (500 Gram)**

Region: R 25.96m 01-Feb-14 Georgia Portelli, Kurrajong  
 State: S 37.22m 16-Mar-85 Michelle Haage, Bankstown

Name	Age	Centre	Final
1	Xanthie Chatfield	Dubbo	25.00m
2	Emma Orme	Springwood	21.12m
3	Laura Scott	Bathurst & District	20.17m
4	Sadie Keegan	Orange	17.99m
5	April Darby	Glenbrook	16.97m
6	Lilly Allport	Glenbrook	16.96m
7	Georgia Veech	Wellington	16.53m
8	Hollie Ruming	Bathurst & District	15.62m
9	Eliza English	Mudgee	14.27m
10	Suri Althofer	Mudgee	13.77m
11	Claire Nicholls	Glenbrook	12.37m
12	Demelza Lee	Cumnock	11.15m
13	Teagan Hall	Kurrajong Bilpin	10.37m
14	Natalie Gallen	Coonamble	9.76m
15	Billie Allan	Gilgandra	8.15m

**Region 3 Championships  
Results**

**Girls U 11 - Discus (750 Gram)**

=====			
Region: R 31.40m		14-Feb-16	Amity Buss, Glenbrook
State: S 39.03m		07-Mar-10	Grace Robinson, St George
Name	Age	Centre	Final
=====			
1	Tasmyn	Davies	Lithgow 23.72m
2	Savannah	Buss	Glenbrook 19.27m
3	Ella	Graham	Dubbo 16.28m
4	Georgie	McPhail	Bathurst & District 15.17m
5	Olivia	Amiet	Gilgandra 13.46m
6	Zara	Ali	Glenbrook 13.28m
7	Taniesha	Rusten	Oberon 13.01m
8	Mae	Price	Glenbrook 12.56m
9	Edie	Robinson	Coonamble 12.30m
10	Lily	Ingersole	Kurrajong Bilpin 12.00m
11	Mia	Nalder	Coonamble 11.72m
12	Ava	Pangas	Bathurst & District 11.53m
13	Cara	Dennis	Orange 10.20m
14	Neive	Hogan	Oberon 9.30m

**Girls U 12 - Discus (750 Gram)**

=====			
Region: R 35.49m		13-Feb-16	Georgia Portelli, Kurrajong
State: S 46.19m		15-Mar-08	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Natasha	Watson	Glenbrook 30.48m
2	Amity	Buss	Glenbrook 29.28m
3	Ashleigh	Carlow	Gilgandra 20.50m
4	Amelia	Browning	Mudgee 20.38m
5	Thalia	Ruming	Bathurst & District 19.77m
6	Caitlin	Morris	Blayney 19.21m
7	Chelsea	Hromek	Kurrajong Bilpin 16.55m
8	Charlotte	Brown	Springwood 16.23m
9	Jacinta	Jeffery	Springwood 15.16m
10	Jorgia	Mcfawn	Oberon 14.15m
11	Anna	Lee	Wellington 12.74m
12	Beryl	Brown	Cowra 10.55m
13	Molly	Cullen	Walgett 9.11m

**Girls U 13 - Discus (750 Gram)**

=====			
Region: R 37.65m		12-Feb-17	Georgia Portelli, Kurrajong
State: S 49.57m		20-Mar-09	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Georgia	Portelli	Kurrajong Bilpin 37.65mR
2	Poppy	Keegan	Orange 27.79m
3	Bianca	Packer	Kurrajong Bilpin 27.34m
4	Alyssa	Ellis	Dubbo 26.12m
5	Jade	Wye	Nyngan 18.76m
6	Shakaye	Walker	Coonamble 17.12m
7	Kirilee	Scott	Bathurst & District 15.22m



**Region 3 Championships  
Results**

**Girls U 14 - Discus (1.0 Kg)**

Region: R 33.05m 02-Feb-14 Tayla Garratt, Cowra			
State: S 45.39m 20-Mar-16 Sally Shokry, Hills District			
Name	Age	Centre	Final
1 Hannah Carroll		Cobar	29.01m
2 Lianna Davidson		Kurrajong Bilpin	27.24m
3 Renee Hardy		Kurrajong Bilpin	24.60m
4 Sarah Williamson		Dubbo	17.21m
-- Ella Trueman		Springwood	FOUL

**Girls U 15 - Discus (1.0 Kg)**

Region: R 37.72m 13-Feb-16 Ebony Hay, Orange			
State: S 48.18m 29-Nov-95 Katrina Steele, Springwood			
Name	Age	Centre	Final
1 Teleisha Besant		Bathurst & District	34.52m
2 Eloise Bell		Narromine	27.19m
3 Caitlin Egan		Springwood	22.88m
4 Sarah Penfold		Young & District	18.06m
5 Sharna Kinghorne		Blayney	16.67m

**Girls U 17 - Discus (1.0 Kg)**

Region: R 36.06m 11-Feb-17 Ebony Hay, Orange			
State: S 48.65m 17-Feb-12 Taylah Sengul, Nepean			
Name	Age	Centre	Final
1 Ebony Hay		Orange	36.06mR
2 Caitlin Fenner		Springwood	35.16m
3 Ella Lewis		Blayney	26.94m
4 Hannah Kriz		Cobar	26.33m
5 Violet Wetsteyn		Glenbrook	25.39m
6 Marlies Hopman		Glenbrook	25.27m
7 Tiffany Penfold		Young & District	24.99m
8 Pypah Montgomery		Forbes	23.55m
9 Emma Hutchison		Cobar	17.96m
10 Alicia Blanch		Kurrajong Bilpin	13.88m

**Girls U 11 - Javelin (400 Gram)**

Region: R 22.70m 13-Feb-16 Natasha Watson, Glenbrook			
State: S 27.17m 20-Mar-16 Amelia Mcilwaine, Hills Dist			
Name	Age	Centre	Final
1 Hannah Roots		Springwood	14.89m
2 Makayla Crouch		Springwood	13.55m
3 Ebony Pender		Lithgow	12.14m
4 Mia Nalder		Coonamble	12.06m
5 Ella Graham		Dubbo	11.05m
6 Taniesha Rusten		Oberon	11.00m
7 Sarah Morley		Cobar	10.83m
8 Mae Price		Glenbrook	10.22m
9 Ava Pangas		Bathurst & District	9.57m
10 Abigail Francis		Orange	8.00m
11 Savannah Buss		Glenbrook	7.73m

### Region 3 Championships Results

#### ....Girls U 11 - Javelin (400 Gram)

12 Bella Brownlie	Young & District	7.56m
-- Makayla McKeown	Dubbo	FOUL

#### Girls U 12 - Javelin (400 Gram)

=====			
Region:	R 31.06m	14-Feb-15	Lianna Davidson, Kurrajong B
State:	S 34.42m	21-Mar-15	Lianna Davidson, Kurrajong B
Name	Age	Centre	Final
=====			
1 Natasha Watson		Glenbrook	27.26m
2 Jacinta Packer		Kurrajong Bilpin	24.12m
3 Amelia Browning		Mudgee	22.57m
4 Amity Buss		Glenbrook	21.54m
5 Kasey Hayes		Mudgee	20.17m
6 Charlotte Brown		Springwood	13.81m
7 Jorgia Mcfawn		Oberon	13.58m
8 Caitlin Morris		Blayney	12.33m
9 Brianna Bennett		Oberon	11.00m

#### Girls U 13 - Javelin (400 Gram)

=====			
Region:	R 42.10m	12-Feb-17	Georgia Portelli, Kurrajong
State:	S 45.91m	22-Mar-09	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1 Georgia Portelli		Kurrajong Bilpin	42.10mR
2 Bianca Packer		Kurrajong Bilpin	30.28m
3 Sarah Berechree		Glenbrook	22.36m
4 Ella Young		Kurrajong Bilpin	20.86m
5 Shakaye Walker		Coonamble	19.30m
6 Jade Wye		Nyngan	19.19m
-- Alyssa Ellis		Dubbo	FOUL

#### Girls U 14 - Javelin (400 Gram)

=====			
Region:	R 47.86m	11-Feb-17	Lianna Davidson, Kurrajong B
State:	S 41.78m	23-Mar-13	Madeline Warburton, Leeton
Name	Age	Centre	Final
=====			
1 Lianna Davidson		Kurrajong Bilpin	47.86mR
2 Hannah Carroll		Cobar	31.63m
3 Ella Trueman		Springwood	24.58m
4 Ella Mccann		Glenbrook	23.63m
5 Sarah Williamson		Dubbo	13.27m
6 Cleo Price		Glenbrook	12.54m

#### Girls U 15 - Javelin (500 Gram)

=====			
Region:	R 36.85m	02-Feb-14	Courtney Brackenrig, Mudgee
State:	S 42.18m	25-Mar-12	Alysha Burnett, Northern Dis
Name	Age	Centre	Final
=====			
1 Teleisha Besant		Bathurst & District	25.59m
2 Eloise Bell		Narromine	23.17m
3 Sarah Penfold		Young & District	22.31m
4 Caitlin Egan		Springwood	19.58m

**Region 3 Championships  
Results**

**....Girls U 15 - Javelin (500 Gram)**

5	Sharna Kinghorne	Blayney	17.23m
6	Brittany Forbes	Coonamble	15.59m
7	Lillyannah Pankhurst	Bathurst & District	14.47m
8	Erin Barclay	Dubbo	9.28m
--	Jessica Woodward	Springwood	FOUL

**Girls U 17 - Javelin (500 Gram)**

=====			
	Region: R 39.56m	14-Feb-15	Courtney Brackenrig, Mudgee
	State: S 43.09m	19-Mar-16	Madeline Warburton, Leeton
Name	Age	Centre	Final
=====			
1	Violet Wetsteyn	Glenbrook	26.88m
2	Marlies Hopman	Glenbrook	23.35m
3	Emily Brown	Springwood	21.98m
4	Niamh Mckervey	Glenbrook	19.95m
5	Katelin Ellyard	Kurrajong Bilpin	19.23m
6	Hannah Kriz	Cobar	16.91m
7	Emma Hutchison	Cobar	15.70m
8	Kathryn Evans	Bathurst & District	14.40m
9	Alicia Blanch	Kurrajong Bilpin	12.91m

**Girls U 9 - 700 Metre Walk**

=====				
	Region: R 4:30.89	15-Feb-15	Seanna New, Young	
	State: S 3:21.70	21-Mar-99	Natasha Agius, Nepean	
Name	Age	Centre	Final	
=====				
Section 1				
1	Matilda Horrex	Barnet	Glenbrook	5:19.91
2	Keiley Whatman	Orange	5:47.64	
3	Bridey Graham	Dubbo	6:46.35	

**Girls U 10 - 1100 Metre Walk**

=====			
	Region: R 6:35.78	17-Feb-13	Renee Hardy, Kurrajong Bilp
	State: S 5:21.20	21-Mar-04	Kini Chapple, Nepean
Name	Age	Centre	Final
=====			
1	Jessica Berechree	Glenbrook	7:02.98
2	Emma Orme	Springwood	7:17.21
3	Chloe Evans	Kurrajong Bilpin	7:53.57
4	Molly Gill	Glenbrook	8:42.62
5	Claire Nicholls	Glenbrook	8:44.65
6	Lilly Allport	Glenbrook	9:07.65
7	Georgia Haines	Kurrajong Bilpin	9:17.95

**Girls U 11 - 1100 Metre Walk**

=====			
	Region: R 5:54.56	02-Feb-14	Renee Hardy, Kurrajong Bilp
	State: S 5:01.30	20-Mar-05	Kini Chapple, Nepean
Name	Age	Centre	Final
=====			
1	Paige Nash	Kurrajong Bilpin	6:37.50
2	Addison Chapman	Dubbo	6:47.08
3	Olivia Harris	Glenbrook	6:53.74

**Region 3 Championships  
Results**

**....Girls U 11 - 1100 Metre Walk**

4 Ella Graham	Dubbo	7:29.47
5 Cara Dennis	Orange	7:38.72
6 Georgia Grady	Glenbrook	7:42.36
-- Lani Gleeson	Springwood	DQ

**Girls U 12 - 1500 Metre Walk**

=====			
Region:	R 8:18.58	15-Feb-15	Renee Hardy, Kurrajong Bilp
State:	S 6:38.70	20-Mar-94	Renee McAskill, Nepean
Name	Age	Centre	Final
=====			
1 Brooke Loughlin		Blayney	8:48.91
2 Zoe Sullivan		Kurrajong Bilpin	8:59.35

**Girls U 13 - 1500 Metre Walk**

=====			
Region:	R 7:53.84	14-Feb-16	Renee Hardy, Kurrajong Bilp
State:	S 6:35.30	19-Mar-06	Shannon Jennings, Nepean
Name	Age	Centre	Final
=====			
1 Maddy Coombes		Bathurst & District	10:07.25
2 Kirilee Scott		Bathurst & District	10:36.03

**Girls U 14 - 1500 Metre Walk**

=====			
Region:	R 7:40.43	12-Feb-17	Renee Hardy, Kurrajong Bilp
State:	S 6:15.40	17-Mar-96	Renee McAskill, Nepean
Name	Age	Centre	Final
=====			
1 Renee Hardy		Kurrajong Bilpin	7:40.43R
2 Cleo Price		Glenbrook	10:26.34
3 Sarah Williamson		Dubbo	11:30.61

**Girls U 15 - 1500 Metre Walk**

=====			
Region:	R 8:10.76	14-Feb-16	Janaya Lee, Kurrajong Bilpi
State:	S 6:24.20	16-Mar-97	Renee McAskill, Doonside
Name	Age	Centre	Final
=====			
1 Bridget Bell		Kurrajong Bilpin	8:12.96
2 Rhiannon Dennis		Orange	8:46.68
3 Erin Barclay		Dubbo	11:19.75
4 Jessica-rose Lutschini		Lithgow	14:20.93

**Girls U 17 - 1500 Metre Walk**

=====			
Region:	R 7:10.34	17-Feb-13	Jasmine Dighton, Glenbrook
State:	S 6:41.91	23-Mar-14	Jasmine Dighton, Lethbridge
Name	Age	Centre	Final
=====			
1 Emma Brodie		Bathurst & District	10:50.29

### Region 3 Championships Results

#### Boys U 8 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R 11.17	12-Feb-17	Jordan Tadrosse, Kurrajong Bi	
State: S 10.34	11-Mar-78	Tim Harper, Weston Creek	
State: S 10.34	11-Mar-78	Mark Lever, Hornsby	
1 Jordan Tadrosse		Kurrajong Bilpin	11.17R
2 Flynn Driver		Springwood	11.93
3 Harry Beale		Cowra	12.44
4 Noah Bew		Kurrajong Bilpin	12.81
5 Dustin Nott		Bourke	12.91
6 Archie Black		Nyngan	13.28
7 Declan Robertson		Orange	14.69
Section 2			
1 Nicholas Godwin		Glenbrook	11.53
2 Ashton Deebank		Nyngan	12.04
3 Fraser Gill		Narromine	12.21
4 Izaak Scott		Bathurst & District	12.25
5 Mitchell Fuller		Gilgandra	12.70
6 Joshua Williams		Kandos Rylstone	13.28
7 Adam Jordan		Kurrajong Bilpin	13.80

#### Boys U 9 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R 10.66	14-Feb-16	Tyreece Ewers, Dubbo	
State: S 9.94	22-Mar-98	John Grant, Canowindra	
State: S 9.94	20-Feb-00	Daniel Perkins, Sutherland	
State: S 9.94	19-Mar-00	Michael Oldfield, Manly Warri	
State: S 9.94	18-Mar-07	Benjamin Alessio, St George	
1 Harry Robertson		Orange	11.70
2 Blake Rasho		Katoomba	12.09
3 Maklin Henderson		Orange	12.19
4 Harry Duguid		Canowindra	12.30
5 Luke Hronsky		Katoomba	12.44
6 Eli Pangas		Bathurst & District	12.71
7 Tom Dennis		Narromine	13.35
Section 2			
1 Lincoln Bouffler		Orange	11.04
2 Logan Coombes		Bathurst & District	11.24
3 Lachlan Hay		Glenbrook	11.61
4 Alexander Sinnett		Kurrajong Bilpin	11.80
5 Jamaine Trapman		Cumnock	12.14
6 Lucas Benton		Coonamble	12.47
7 Elton McKenzie		Coonamble	12.94

#### Boys U 10 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R 10.03	17-Feb-13	Archie Bolger, Young	
State: S 9.54	20-Mar-99	Christopher Lawrence, Campbel	
State: S 9.54	19-Mar-00	Josh Mulligan, Gosford	
1 Marco Mileto		Orange	10.83

**Region 3 Championships  
Results**

**....Boys U 10 - 70 Metre Sprint**

2 Vaughn Murray	Kurrajong Bilpin	11.07
3 Fletcher Windebank-Bozac	Kurrajong Bilpin	11.24
4 Finn Conole-Buck	Glenbrook	11.51
5 James Irons	Coonabarabran	11.83
6 Marley Ash	Orange	11.84
Section 2		
1 Rocco Mileto	Orange	10.84
2 Darcy Neeves	Gilgandra	10.99
3 Brody Fiene	Cowra	11.14
4 Damon Lewis	Katoomba	11.37
5 Logan Elliott	Orange	11.64
6 Samuel Bennett	Bathurst & District	11.70
7 James Reynolds	Springwood	12.01

**Boys U 8 - 100 Metre Sprint**

=====			
Region: R 15.54	11-Feb-17	Jordan Tadrosse,	Kurrajong Bi
State: S 14.24	12-Mar-78	Tim Harper,	Weston Creek
Name	Age	Centre	Final
=====			
Section 1			
1 Samuel Hill		Orange	16.60
2 Harry Beale		Cowra	17.29
3 Eamon Miskell		Blayney	17.54
4 Noah Bew		Kurrajong Bilpin	17.77
5 Dustin Nott		Bourke	17.88
6 Archer Van Drie		Kurrajong Bilpin	18.61
Section 2			
1 Jordan Tadrosse		Kurrajong Bilpin	15.54R
2 Kobe Borgstahl		Bathurst & District	15.70
3 Nicholas Godwin		Glenbrook	16.27
4 Joel Bryant		Katoomba	17.38
5 Archie Black		Nyngan	18.40
6 Matthew May		Dubbo	18.60
7 Jacob Bell		Glenbrook	19.16

**Boys U 9 - 100 Metre Sprint**

=====			
Region: R 14.85	13-Feb-16	Cooper Miskell,	Blayney
State: S 13.64	21-Feb-98	Christopher Lawrence,	Campbel
Name	Age	Centre	Final
=====			
Section 1			
1 Taj Jordan		Orange	15.38
2 Logan Coombes		Bathurst & District	15.47
3 Alexander Sinnett		Kurrajong Bilpin	16.45
4 Jamaine Trapman		Cumnock	16.56
5 Jacob Lewis		Kurrajong Bilpin	16.85
6 Felix Mann		Springwood	17.11
Section 2			
1 Lincoln Bouffler		Orange	15.40
2 Isaac Newstead		Dubbo	16.04
3 Lachlan Hay		Glenbrook	16.07
4 Harry Robertson		Orange	16.20
5 Lucas Benton		Coonamble	16.90
6 Maklin Henderson		Orange	16.95

### Region 3 Championships Results

#### Boys U 10 - 100 Metre Sprint

=====			
Region:	R 14.16	16-Feb-13	Jake McLenaghan, Springwood
State:	S 12.94	12-Mar-78	Philip Provenzano, Randwick B
Name	Age	Centre	Final
=====			
Section 1			
1	Rocco Mileto	Orange	15.18
2	Vaughn Murray	Kurrajong Bilpin	15.44
3	Brody Fiene	Cowra	15.48
4	Oscar Mills	Springwood	15.51
5	Logan Elliott	Orange	15.60
6	Quaytashion Lang	Walgett	16.13
7	Max Hall	Dubbo	16.74
Section 2			
1	Cooper Miskell	Blayney	14.76
2	Darcy Neeves	Gilgandra	14.96
3	Marco Mileto	Orange	15.32
4	Fletcher Windebank-Bozac	Kurrajong Bilpin	15.76
4	Oliver Scurr	Springwood	15.76
6	Damon Lewis	Katoomba	15.78
7	Blake Van Drie	Kurrajong Bilpin	16.30

#### Boys U 11 - 100 Metre Sprint

=====			
Region:	R 13.86	13-Feb-16	Stirling Farr, Orange
State:	S 12.64	12-Mar-78	Robert Stanford, Nepean
Name	Age	Centre	Final
=====			
Section 1			
1	Lindsay Lauer	Springwood	14.41
2	Will Zakis	Katoomba	14.44
3	Oliver Drew	Katoomba	14.76
4	Angus Thompson	Orange	14.96
5	Noah Tracey	Orange	15.10
6	Aiden Walker	Gilgandra	15.65
Section 2			
1	Tristan Scott	Glenbrook	14.61
2	George Wakem	Blayney	14.76
3	Rueben Ross	Dubbo	15.06
4	Cruz Jordan	Orange	15.07
5	Riley Dutton	Springwood	15.27
6	Wyatt Loughlin	Blayney	15.62
7	William Fuller	Gilgandra	15.87

#### Boys U 12 - 100 Metre Sprint

=====			
Region:	R 13.05	14-Feb-15	Ollie Keegan, Orange
State:	S 12.04	20-Mar-99	Todd Shanahan, Macquarie Shor
State:	S 12.04	23-Mar-13	James Roach, Randwick Botany
Name	Age	Centre	Final
=====			
Section 1			
1	Kuber Thakur	Narromine	13.84
2	Keegan Reasbeck	Glenbrook	13.90
3	Nathan Fokes	Springwood	14.12
4	William Cuthill	Dubbo	14.24
5	Ben Lanyon	Lithgow	14.62

**Region 3 Championships  
Results**

**....Boys U 12 - 100 Metre Sprint**

6 Blair Keogh	Gilgandra	14.94
Section 2		
1 Lachlan Riley	Gilgandra	13.63
2 Stirling Farr	Orange	14.01
3 Jesse Thompson	Bathurst & District	14.15
4 Tom Allport	Glenbrook	14.49
5 Mackenzie Hall	Kurrajong Bilpin	14.56
5 Braith Carroll	Dubbo	14.56
7 Kaydden Hoad	Blayney	14.62
8 Vincent Applebee	Springwood	14.72

**Boys U 13 - 100 Metre Sprint**

=====			
Region: R	12.20	13-Feb-16	Ollie Keegan, Orange
State: S	11.72	22-Mar-14	James Roach, Randwick Botany
Name		Age Centre	Final
=====			

Section 1		
1 Tyrone Clothier	Forbes	12.95
2 Bede Smeallie	Mudgee	13.77
3 Alex Robinson	Coonabarabran	14.60
4 Riley Elliott	Orange	14.63
Section 2		
1 Hunter Longhurst	Dubbo	13.15
2 Maxwell Murray	Glenbrook	13.46
3 Kobi Egan	Lithgow	13.60
4 Cameron Ferrier	Kurrajong Bilpin	14.06
5 Brendon Peary	Springwood	15.13
6 Tristen Pankhurst	Bathurst & District	17.06

**Boys U 14 - 100 Metre Sprint**

=====			
Region: R	11.88	11-Feb-17	Ollie Keegan, Orange
State: S	11.34	17-Mar-96	Matthew Manns, Ingleburn RSL
State: S	11.34	15-Mar-08	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

Section 1		
1 Ollie Keegan	Orange	11.88R
2 Jackson Willis	Orange	12.45
3 Mitchell Holt	Springwood	12.67
4 Alexander Peel	Glenbrook	12.82
5 Luke Brian	Kurrajong Bilpin	12.90
Section 2		
1 James Sutherland	Orange	12.48
2 Luke Thompson	Lithgow	12.51
3 Ashton Van Putten	Glenbrook	12.79
4 Dominic Della Bosca	Lithgow	13.01
5 Samuel Kratzmann	Dubbo	13.22
6 Nathan Towart	Dubbo	13.37



**Region 3 Championships  
Results**

**Boys U 15 - 100 Metre Sprint**

=====			
Region:	R 11.17	14-Feb-15	Liam McCann, Glenbrook
State:	S 10.84	21-Mar-09	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1			
1	Heath Shields	Kurrajong Bilpin	11.52
2	Zen Clark	Bathurst & District	11.54
3	Zachary Rothwell	Katoomba	11.87
4	Myles Palmer	Orange	12.65
5	Cameron Jeffery	Springwood	12.74
6	Saxon Southwell	Young & District	13.32
Section 2			
1	Damien Lefevre	Kurrajong Bilpin	12.36
2	Andrew Millan	Orange	12.72
3	Deklyn Lummis	Gilgandra	12.94
4	Jake Veech	Wellington	13.75

**Boys U 17 - 100 Metre Sprint**

=====			
Region:	R 11.09	11-Feb-17	Liam McCann, Glenbrook
State:	S 10.84	20-Mar-10	Ben Jaworski, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1			
1	Ben Dennis	Orange	11.67
2	Lochlan Dagg	Bathurst & District	12.13
3	Kevin Thurston-Welsh	Coonamble	12.27
4	Lochlan Brian	Kurrajong Bilpin	12.31
Section 2			
1	Liam McCann	Glenbrook	11.09R
2	Brenton Jeffery	Springwood	12.17
3	Kyle Smith	Young & District	12.48

**Boys U 8 - 200 Metre Sprint**

=====			
Region:	R 33.79	12-Feb-17	Jordan Tadrosse, Kurrajong Bi
State:	S 30.74	22-Feb-87	Greg Pill, Illawong
Name	Age	Centre	Final
=====			
Section 1			
1	Jordan Tadrosse	Kurrajong Bilpin	33.79R
2	Nicholas Godwin	Glenbrook	35.41
3	Fraser Gill	Narromine	37.75
4	Archer Van Drie	Kurrajong Bilpin	38.07
5	Adam Jordan	Kurrajong Bilpin	44.83
6	Toby Hutchinson	Bathurst & District	47.10
Section 2			
1	Joel Bryant	Katoomba	37.04
2	Ben Webber	Glenbrook	37.06
3	Mitchell Fuller	Gilgandra	38.45
4	Joshua Williams	Kandos Rylstone	38.59
5	Dustin Nott	Bourke	38.69
6	Jack Murray	Bathurst & District	41.16
7	Noah Lewin	Young & District	50.70

**Region 3 Championships  
Results**

**Boys U 9 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 31.72 12-Feb-17 Taj Jordan, Orange			
State: S 28.44 22-Mar-75 Glen Murgatroyd, Campbelltown			
=====			
Section 1			
1 Taj Jordan		Orange	31.72R
2 Lachlan Hay		Glenbrook	33.98
3 Lachlan Clifton		Katoomba	34.57
4 Alexander Sinnett		Kurrajong Bilpin	35.06
5 Harry Duguid		Canowindra	36.08
6 Jacob Wooldridge		Katoomba	41.48
Section 2			
1 Logan Coombes		Bathurst & District	32.93
2 Isaac Newstead		Dubbo	33.73
3 Riley Pearse		Cowra	36.33
4 Benjamin Francis		Orange	36.71
5 Cooper Townsend		Dubbo	37.95
6 Max McCarthy		Kurrajong Bilpin	39.10

**Boys U 10 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 29.93 17-Feb-13 Archie Bolger, Young			
State: S 26.94 11-Mar-78 Chris Newman, Queanbeyan			
=====			
Section 1			
1 Logan Whitton		Glenbrook	32.18
2 Finn Conole-Buck		Glenbrook	32.79
3 Samuel Bennett		Bathurst & District	33.28
4 Fletcher Windebank-Bozac		Kurrajong Bilpin	33.60
Section 2			
1 Logan Elliott		Orange	32.24
2 Cameron Purcell		Springwood	34.15
3 Tashi Gyatso		Bathurst & District	34.71
4 Harry Riley		Mudgee	35.00
5 James Reynolds		Springwood	35.37

**Boys U 11 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 29.51 12-Feb-17 Cooper Blanch, Kurrajong Bilp			
State: S 25.84 11-Mar-78 Robert Stanford, Nepean			
=====			
Section 1			
1 Tristan Scott		Glenbrook	29.89
2 Scott McLenaghan		Springwood	29.94
3 George Wakem		Blayney	31.02
4 Clancy Holmes		Cowra	31.69
5 Casper Larkin		Katoomba	31.73
6 Aiden Walker		Gilgandra	33.00
Section 2			
1 Cooper Blanch		Kurrajong Bilpin	29.51R
2 Lindsay Lauer		Springwood	29.87
3 Cruz Jordan		Orange	30.83
4 Angus Thompson		Orange	31.50
5 Lleyton Fernando		Coonamble	32.77

### Region 3 Championships Results

#### ....Boys U 11 - 200 Metre Sprint

6 Jaydon Crawford	Bathurst & District	32.87
7 Jack Oehm	Gilgandra	34.84

#### Boys U 12 - 200 Metre Sprint

Name	Age	Centre	Final
=====			
Region: R	27.79	15-Feb-15	Ollie Keegan, Orange
State: S	24.59	24-Mar-13	James Roach, Randwick Botany

#### Section 1

1 Stirling Farr	Orange	29.16
2 William Cuthill	Dubbo	29.65
3 Cooper Jeal	Glenbrook	30.40
4 Ben Lanyon	Lithgow	31.22
5 Vincent Applebee	Springwood	32.26

#### Section 2

1 Nathan Fokes	Springwood	29.04
2 Keegan Reasbeck	Glenbrook	29.78
3 Will Black	Nyngan	30.44
4 Kaydden Hoad	Blayney	30.65
5 Lachlan Smith	Dubbo	30.93
6 Tadhg Dougan	Springwood	30.95

#### Boys U 13 - 200 Metre Sprint

Name	Age	Centre	Final
=====			
Region: R	25.21	14-Feb-16	Ollie Keegan, Orange
State: S	23.34	18-Mar-07	Nicholas Hough, Hills Distric

#### Section 1

1 Tyrone Clothier	Forbes	27.77
2 Cameron Ferrier	Kurrajong Bilpin	28.26
3 Riley Elliott	Orange	30.33
4 Brendon Peary	Springwood	32.55
5 Baiden Wilson-Forster	Forbes	34.66

#### Section 2

1 Hunter Longhurst	Dubbo	26.94
2 Maxwell Murray	Glenbrook	27.56
3 Lachlan Nicholls	Glenbrook	29.90
4 Jack Dickenson	Bathurst & District	31.25
5 Alex Robinson	Coonabarabran	32.32
6 Henry Wakem	Blayney	33.55

#### Boys U 14 - 200 Metre Sprint

Name	Age	Centre	Final
=====			
Region: R	23.96	12-Feb-17	Ollie Keegan, Orange
State: S	22.64	19-Feb-06	Luke Hamer, St George

#### Section 1

1 James Sutherland	Orange	25.17
2 Jackson Willis	Orange	25.18
3 Luke Brian	Kurrajong Bilpin	26.16
4 Ashton Van Putten	Glenbrook	26.31
5 Samuel Kratzmann	Dubbo	27.99

#### Section 2

**Region 3 Championships  
Results**

**....Boys U 14 - 200 Metre Sprint**

1	Ollie Keegan	Orange	23.96R
2	Mitchell Holt	Springwood	26.68
3	Dominic Della Bosca	Lithgow	27.71
4	Nathan Towart	Dubbo	28.12
5	Joshua Belfanti	Bathurst & District	31.60

**Boys U 15 - 200 Metre Sprint**

=====			
Region:	R 23.48	12-Feb-17	Heath Shields, Kurrajong Bilp
State:	S 21.74	22-Feb-09	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

Section 1

1	Heath Shields	Kurrajong Bilpin	23.48R
2	Zachary Rothwell	Katoomba	24.17
3	Cameron Jeffery	Springwood	25.92

Section 2

1	Zen Clark	Bathurst & District	24.21
2	Damien Lefevre	Kurrajong Bilpin	25.88
3	Andrew Millan	Orange	26.01
4	Aiden Lefevre	Kurrajong Bilpin	26.03
5	Myles Palmer	Orange	26.79

**Boys U 17 - 200 Metre Sprint**

=====			
Region:	R 22.98	12-Feb-17	Liam McCann, Glenbrook
State:	S 21.80	23-Mar-14	Teri Fragiadakis, Sutherland
Name		Age Centre	Final
=====			

Section 1

1	Liam McCann	Glenbrook	22.98R
2	Lochlan Dagg	Bathurst & District	25.16
3	Zachary Marsh	Mudgee	26.30

Section 2

1	Ben Dennis	Orange	23.86
2	Isaac Ebeling	Glenbrook	25.20
3	Callum Auld	Dubbo	25.43
4	Kyle Smith	Young & District	27.56

**Boys U 8 - 400 Metre Sprint**

=====			
Region:	R 1:16.63	11-Feb-17	Samuel Hill, Orange
State:	S 1:07.94	23-Mar-75	David Misson, Randwick Bota
Name		Age Centre	Final
=====			

Section 1

1	Lincoln Beddoes	Kurrajong Bilpin	1:21.93
2	Izaak Scott	Bathurst & District	1:22.54
3	Mitchell Fuller	Gilgandra	1:22.88
4	Ashton Cohen	Katoomba	1:28.05
5	Joshua Williams	Kandos Rylstone	1:31.22
6	Matthew Bell	Glenbrook	1:46.01

Section 2

1	Samuel Hill	Orange	1:16.63R
2	Matthew May	Dubbo	1:24.97
3	Joel Bryant	Katoomba	1:26.18

### Region 3 Championships Results

#### ....Boys U 8 - 400 Metre Sprint

4 Sam Buckley	Mudgee	1:26.60
5 Lucas Babbage	Bathurst & District	1:28.74

#### Boys U 9 - 400 Metre Sprint

Region: R	1:13.00	13-Feb-16	Archie Nott, Bourke
State: S	1:04.40	23-Mar-75	Glen Murgatroyd, Campbellto
Name	Age	Centre	Final

##### Section 1

1 Cameron Ross	Orange	1:18.27
2 Riley Pearse	Cowra	1:23.05
3 Hunter Hobbs	Cumnock	1:27.22
4 Laken Crook	Lithgow	1:43.90

##### Section 2

1 William Morris	Glenbrook	1:16.85
2 Max McCarthy	Kurrajong Bilpin	1:21.26
3 Alexander Sinnett	Kurrajong Bilpin	1:22.02
4 Benjamin Francis	Orange	1:22.85
5 Gabriel Geach Andrews	Katoomba	1:24.57

#### Boys U 10 - 400 Metre Sprint

Region: R	1:08.50	16-Feb-13	Riley Howarth, Kurrajong Bi
State: S	1:01.34	16-Mar-03	Alex Pettigrew, Parramatta
Name	Age	Centre	Final

##### Section 1

1 Oscar Mills	Springwood	1:14.38
2 Oliver Scurr	Springwood	1:20.68
3 Rhett Goman	Springwood	1:21.91

##### Section 2

1 Archie Nott	Bourke	1:12.53
2 Tashi Gyatso	Bathurst & District	1:19.99
3 Caleb Goman	Springwood	1:30.19
4 Leon Murray	Glenbrook	1:30.23
5 Riley Fleming	Coonabarabran	1:41.23

#### Boys U 11 - 400 Metre Sprint

Region: R	1:04.22	01-Feb-14	Riley Howarth, Kurrajong Bi
State: S	57.64	23-Mar-79	Chris Newman, Queanbeyan
Name	Age	Centre	Final

##### Section 1

1 Cooper Blanch	Kurrajong Bilpin	1:10.92
2 Elliot Bangert	Orange	1:12.16
3 Arthur Locke	Orange	1:16.38
4 Lleyton Fernando	Coonamble	1:17.08
5 Tate Rees	Springwood	1:18.08
6 Thomas Rowe	Springwood	1:19.89

##### Section 2

1 Tristan Scott	Glenbrook	1:07.86
2 Cruz Jordan	Orange	1:09.20
3 Scott McLenaghan	Springwood	1:09.81
4 George Wakem	Blayney	1:10.42

### Region 3 Championships Results

#### ....Boys U 11 - 400 Metre Sprint

5 Angus Whatman	Orange	1:16.49
6 Riley Dutton	Springwood	1:18.02

#### Boys U 12 - 400 Metre Sprint

Region: R	1:03.58	14-Feb-15	Riley Howarth, Kurrajong Bi
State: S	56.88	18-Mar-16	Donovan Bradshaw, Cherrybro
Name	Age	Centre	Final

##### Section 1

1 Cooper Jeal	Glenbrook	1:06.28
2 Lachlan Mumberson	Springwood	1:07.36
3 Bayden Willis	Orange	1:09.16
4 Connor Whale	Mudgee	1:12.24

##### Section 2

1 Aaron Shields	Katoomba	1:10.59
2 Blair Keogh	Gilgandra	1:13.73
3 Tadhg Dougan	Springwood	1:14.29
4 Levi Scott	Glenbrook	1:18.26

#### Boys U 13 - 400 Metre Sprint

Region: R	57.74	13-Feb-16	Riley Howarth, Kurrajong Bilp
State: S	53.65	21-Mar-14	James Roach, Randwick Botany
Name	Age	Centre	Final

##### Section 1

1 Lachlan Nicholls	Glenbrook	1:03.32
2 Bede Smeallie	Mudgee	1:04.78
3 Ryan Starr	Springwood	1:08.93
4 Lachlan Ross	Orange	1:12.83
5 Cody Feltham	Kurrajong Bilpin	1:27.94

##### Section 2

1 Luke Boyes	Springwood	1:04.13
2 Rikky Bangert	Orange	1:08.27
3 Chad Buckman	Cobar	1:15.44
4 Todd Polack	Cobar	1:16.00

#### Boys U 14 - 400 Metre Sprint

Region: R	55.22	11-Feb-17	Jackson Willis, Orange
State: S	50.97	23-Mar-12	Jarrold Cullen, Canterbury
Name	Age	Centre	Final

##### Section 1

1 Dominic Della Bosca	Lithgow	59.82
2 Daniel Schouten	Glenbrook	1:08.38

##### Section 2

1 Jackson Willis	Orange	55.22R
2 James Sutherland	Orange	57.07
3 Jack Ingersole	Kurrajong Bilpin	1:00.11

**Region 3 Championships  
Results**

**Boys U 15 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R 51.44 11-Feb-17 Heath Shields, Kurrajong Bilp			
State: S 49.64 15-Mar-97 David Geddes, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1 Heath Shields		Kurrajong Bilpin	51.44R
2 Zachary Rothwell		Katoomba	53.75
3 Scott Brown		Bathurst & District	55.59
4 Andrew Millan		Orange	57.19
5 Deklyn Lummis		Gilgandra	57.96
6 Cameron Jeffery		Springwood	59.94
7 Saxon Southwell		Young & District	1:01.50

**Boys U 17 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R 51.14 11-Feb-17 Ben Dennis, Orange			
State: S 49.44 18-Mar-16 Alexander Thompson, Quakers H			
Name	Age	Centre	Final
1 Ben Dennis		Orange	51.14R
2 Isaac Ebeling		Glenbrook	54.07
3 Callum Auld		Dubbo	55.74
4 Brenton Jeffery		Springwood	57.69
5 Aiden Olney		Oberon	1:02.56

**Boys U 8 - 700 Metre Run Pack Start**

Name	Age	Centre	Final
1 Samuel Hill		Orange	2:29.28
2 Fraser Gill		Narromine	2:36.98
3 Izaak Scott		Bathurst & District	2:37.66
4 Ben Webber		Glenbrook	2:40.95
5 Lincoln Beddoes		Kurrajong Bilpin	2:42.50
6 Sam Buckley		Mudgee	2:53.65
7 Dustin Nott		Bourke	2:56.79
8 Joel Bryant		Katoomba	3:00.73
9 Saxon Charlesworth		Kurrajong Bilpin	3:18.03
10 Felix Capon-Redman		Springwood	3:22.68
11 Mitchell Nash		Kurrajong Bilpin	3:24.78
12 Toby Hutchinson		Bathurst & District	3:36.56

**Boys U 9 - 800 Metre Run**

Name	Age	Centre	Final
Region: R 2:43.46 14-Feb-16 Archie Nott, Bourke			
State: S 2:25.70 17-Mar-02 Alex Pettigrew, Hornsby			
Name	Age	Centre	Final
1 Harrison Smyth		Glenbrook	2:57.95
2 Harry Duguid		Canowindra	3:03.79
3 Max McCarthy		Kurrajong Bilpin	3:06.66
4 Cameron Ross		Orange	3:07.43
5 Riley Pearse		Cowra	3:09.75
6 Charlie Kiss		Wellington	3:09.82
7 William Morris		Glenbrook	3:15.25
8 Hunter Hobbs		Cumnock	3:26.22

### Region 3 Championships Results

#### ....Boys U 9 - 800 Metre Run

9 Bailey Clark	Springwood	3:33.21
10 Tom Dennis	Narromine	3:37.36
11 Jacob Wooldridge	Katoomba	3:53.67

#### Boys U 10 - 800 Metre Run

Name	Age	Centre	Final
Region: R 2:38.06 17-Feb-13 Jed Drew, Glenbrook			
State: S 2:21.60 25-Mar-79 Paul Kelly, Greystanes			
1 Archie Nott		Bourke	2:38.89
2 Tashi Gyatso		Bathurst & District	2:47.24
3 Joshua Babbage		Bathurst & District	2:56.24
4 Ryan Wells		Lithgow	3:00.92
5 William Buckley		Mudgee	3:02.76
6 Blake Van Drie		Kurrajong Bilpin	3:05.35
7 Jock Cullen		Walgett	3:05.38
8 Rhett Goman		Springwood	3:18.75
9 Jacob Lee		Wellington	3:31.42

#### Boys U 11 - 800 Metre Run

Name	Age	Centre	Final
Region: R 2:32.86 02-Feb-14 Riley Howarth, Kurrajong Bi			
State: S 2:17.37 24-Mar-13 Luke Young, Macquarie Hunte			
1 Casper Larkin		Katoomba	2:39.42
2 Will Zakis		Katoomba	2:39.57
3 Lleyton Fernando		Coonamble	2:44.44
4 Angus Whatman		Orange	2:44.53
5 Arthur Locke		Orange	2:51.14
6 William Fuller		Gilgandra	2:53.28
7 Rueben Ross		Dubbo	2:53.32
8 Thomas Rowe		Springwood	2:55.18
9 Tate Rees		Springwood	2:57.15
10 Elliot Bangert		Orange	3:02.77
11 Mitchell Ely		Katoomba	3:07.20
12 Logan Whiteley		Orange	3:13.71
13 Darcy Bell		Kurrajong Bilpin	3:16.55
14 William Dimmick		Wellington	3:32.49

#### Boys U 12 - 800 Metre Run

Name	Age	Centre	Final
Region: R 2:27.17 15-Feb-15 Riley Howarth, Kurrajong Bi			
State: S 2:13.20 20-Mar-05 James Connor, Campbelltown			
1 Russell Topp		Katoomba	2:31.88
2 Taniora Heke		Springwood	2:32.97
3 Jett Fendall		Katoomba	2:35.37
4 Tim Babbage		Bathurst & District	2:45.88
5 Bayden Willis		Orange	2:51.13
6 Tiago Ribeiro		Springwood	2:52.77
7 Trevor Clines		Katoomba	2:53.84
8 Levi Scott		Glenbrook	2:55.05
9 Ryan Urquhart		Cobar	2:58.26



### Region 3 Championships Results

#### ....Boys U 12 - 800 Metre Run

10 Rhys Whitton Glenbrook 3:11.62

#### Boys U 13 - 800 Metre Run

Region: R 2:20.08 12-Feb-17 Luke Boyes, Springwood  
State: S 2:06.10 17-Mar-85 Robert Wunder, Northern Sub

Name	Age	Centre	Final
------	-----	--------	-------

1	Luke Boyes	Springwood	2:20.08R
2	Rikky Bangert	Orange	2:30.68
3	Lachlan Nicholls	Glenbrook	2:32.57
4	Cameron Ferrier	Kurrajong Bilpin	2:43.31
5	Jordan Buckley	Katoomba	2:45.50
6	Lachlan Ross	Orange	2:49.69
7	Chad Buckman	Cobar	2:54.08
8	William Corlett	Katoomba	2:56.54
9	Baiden Wilson-Forster	Forbes	3:32.62

#### Boys U 14 - 800 Metre Run

Region: R 2:22.38 14-Feb-16 Joel Williams, Kurrajong Bi  
State: S 2:02.30 22-Mar-15 Bryn Lynch, Manly Warringah

Name	Age	Centre	Final
------	-----	--------	-------

1	Lachlan Townsend	Dubbo	2:27.86
2	Braiden Lowe	Bathurst & District	2:58.29
3	Joshua Belfanti	Bathurst & District	3:06.67
4	Aiden Hegarty	Coonamble	3:07.21

#### Boys U 15 - 800 Metre Run

Region: R 2:16.21 17-Feb-13 Joshua Nardi, Glenbrook  
State: S 1:57.20 20-Feb-05 James Kaan, Hills District  
State: S 1:57.20 16-Mar-08 James Connor, Campbelltown

Name	Age	Centre	Final
------	-----	--------	-------

1	Thomas Dale	Blayney	2:18.58
2	Saxon Southwell	Young & District	2:24.49
3	Deklyn Lummis	Gilgandra	2:25.76
4	Jayden Buckley	Katoomba	2:30.40

#### Boys U 17 - 800 Metre Run

Region: R 2:07.17 14-Feb-16 Connor Whiteley, Orange  
State: S 1:55.75 22-Mar-15 Jye Edwards, Albion Park

Name	Age	Centre	Final
------	-----	--------	-------

1	Cameron Kitching	Glenbrook	2:18.07
2	Aiden Olney	Oberon	2:28.55

### Region 3 Championships Results

#### Boys U 10 - 1500 Metre Run

=====			
Region: R 5:18.87		11-Feb-17	Archie Nott, Bourke
State: S 4:44.10		19-Mar-83	Richard McCarthy, Randwick
Name	Age	Centre	Final
=====			
1 Archie Nott		Bourke	5:18.87R
2 Ryan Wells		Lithgow	5:37.52
3 Tashi Gyatso		Bathurst & District	5:53.65
4 Joshua Babbage		Bathurst & District	6:08.28
5 Blake Van Drie		Kurrajong Bilpin	6:10.48
6 William Buckley		Mudgee	6:12.73
7 Ethan Dawson		Orange	6:18.87
8 Finn Conole-Buck		Glenbrook	6:24.02
9 Jack Wilson		Narromine	6:47.46

#### Boys U 11 - 1500 Metre Run

=====			
Region: R 5:24.62		14-Feb-15	Luke Boyes, Springwood
State: S 4:36.90		17-Mar-84	Richard McCarthy, Randwick
Name	Age	Centre	Final
=====			
1 Will Zakis		Katoomba	5:29.62
2 Angus Whatman		Orange	5:35.22
3 Tate Rees		Springwood	5:41.60
4 Lleyton Fernando		Coonamble	5:44.68
5 Mitchell Ely		Katoomba	6:05.25
6 Logan Whiteley		Orange	6:12.73
7 Michael La Rosa		Kurrajong Bilpin	6:33.67
8 Seth Dawes		Young & District	6:51.22
9 William Dimmick		Wellington	7:07.95

#### Boys U 12 - 1500 Metre Run

=====			
Region: R 4:58.59		13-Feb-16	Luke Boyes, Springwood
State: S 4:27.20		19-Mar-83	Peter Stellino, Hills Distr
Name	Age	Centre	Final
=====			
1 Russell Topp		Katoomba	5:09.78
2 Jett Fendall		Katoomba	5:11.47
3 Taniora Heke		Springwood	5:14.39
4 Tiago Ribeiro		Springwood	5:44.11
5 Tim Babbage		Bathurst & District	5:47.98
6 Trevor Clines		Katoomba	5:59.17
7 Ryan Urquhart		Cobar	6:01.52
8 Lachlan Mumberson		Springwood	6:17.27
9 Alec Gleeson		Springwood	6:22.02
10 Alexander Hegarty		Coonamble	6:45.17
11 Rowan Klein		Wellington	7:01.20

#### Boys U 13 - 1500 Metre Run

=====			
Region: R 4:50.37		11-Feb-17	Luke Boyes, Springwood
State: S 4:21.30		18-Mar-06	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Luke Boyes		Springwood	4:50.37R
2 Ryan Starr		Springwood	5:13.00

### Region 3 Championships Results

#### ....Boys U 13 - 1500 Metre Run

3	Rikky Bangert	Orange	5:13.71
4	Chad Buckman	Cobar	5:21.06
5	Brandon Puri	Glenbrook	5:22.66
6	Lachlan Ross	Orange	5:25.16
7	Jordan Buckley	Katoomba	5:32.49
8	William Corlett	Katoomba	5:34.28
9	Ting Hay	Glenbrook	6:35.80
10	Jake Cuthill	Dubbo	7:16.73

#### Boys U 14 - 1500 Metre Run

Region: R 4:41.17 11-Feb-17 Daniel Kelly, Springwood  
 State: S 4:11.93 22-Mar-14 Harrison Wade, Ryde

Name	Age	Centre	Final
1 Daniel Kelly		Springwood	4:41.17R
2 Lachlan Townsend		Dubbo	4:42.02
3 Mitchell Kelly		Springwood	5:33.94
4 Aiden Hegarty		Coonamble	6:46.49

#### Boys U 15 - 1500 Metre Run

Region: R 4:43.62 16-Feb-13 Joshua Nardi, Glenbrook  
 State: S 4:03.70 15-Mar-08 James Connor, Campbelltown

Name	Age	Centre	Final
1 Thomas Dale		Blayney	4:56.03
2 Aiden Lefevre		Kurrajong Bilpin	4:57.50
3 Saxon Southwell		Young & District	4:58.16
4 Jayden Buckley		Katoomba	5:13.03

#### Boys U 17 - 1500 Metre Run

Region: R 4:26.89 13-Feb-16 Connor Whiteley, Orange  
 State: S 4:02.95 19-Mar-16 Harrison Wade, Ryde

Name	Age	Centre	Final
1 Lewis Squadrito		Springwood	4:41.51
2 Thomas Peel		Glenbrook	5:02.97
3 Ryan Galea		Kurrajong Bilpin	5:29.64

#### Boys U 13 - 3000 Metre Run

Region: R 11:24.56 13-Feb-16 Daniel Kelly, Springwood  
 State: S 9:39.60 20-Mar-04 Cameron Page, Gosford

Name	Age	Centre	Final
1 Rikky Bangert		Orange	11:24.94
2 Brandon Puri		Glenbrook	11:30.02
3 Chad Buckman		Cobar	11:35.75
4 Lachlan Ross		Orange	12:05.43
5 William Corlett		Katoomba	12:05.63
6 Jordan Buckley		Katoomba	12:41.27

**Region 3 Championships  
Results**

**Boys U 14 - 3000 Metre Run**

=====			
Region:	R 10:02.74	11-Feb-17	Daniel Kelly, Springwood
State:	S 9:13.83	21-Mar-14	Harrison Wade, Ryde
Name	Age	Centre	Final
=====			
1 Daniel Kelly		Springwood	10:02.74R
2 Lachlan Townsend		Dubbo	10:09.21
3 Daniel Schouten		Glenbrook	11:41.84
-- Mitchell Kelly		Springwood	DNF

**Boys U 15 - 3000 Metre Run**

=====			
Region:	R 10:53.55	01-Feb-14	Connor Whiteley, Orange
State:	S 8:50.60	18-Mar-06	Cameron Page, Gosford
Name	Age	Centre	Final
=====			
1 Thomas Dale		Blayney	11:01.50
-- Jayden Buckley		Katoomba	DNF

**Boys U 17 - 3000 Metre Run**

=====			
Region:	R 9:23.64	13-Feb-16	Connor Whiteley, Orange
State:	S 8:55.90	18-Mar-16	Connor Whiteley, Orange
Name	Age	Centre	Final
=====			
1 Lewis Squadrito		Springwood	9:54.90
2 Thomas Peel		Glenbrook	11:02.40
3 Ryan Galea		Kurrajong Bilpin	12:07.65

**Boys U 8 - 60 Metre Hurdles (45cm)**

=====			
Region:	R 11.25	16-Feb-13	Stirling Farr, ORANGE
State:	S 10.63	15-Feb-14	Jesse Ingleton, Camden
Name	Age	Centre	Final
=====			
1 Kobe Borgstahl		Bathurst & District	11.63
2 Ashton Deebank		Nyngan	12.27
3 Noah Bew		Kurrajong Bilpin	12.74
4 Ben Webber		Glenbrook	12.99
5 Jacob Bell		Glenbrook	13.02
6 Matthew May		Dubbo	13.81
Section 2			
1 Flynn Driver		Springwood	12.48
2 Eamon Miskell		Blayney	12.52
3 Archie Black		Nyngan	12.63
4 Oliver Jackson		Glenbrook	12.90
5 Andrew Schuettrumpf		Springwood	13.29
6 Owen Fleming		Coonabarabran	13.52

**Region 3 Championships  
Results**

**Boys U 9 - 60 Metre Hurdles (45cm)**

Name	Age	Centre	Final
Region: R	10.67	01-Feb-14	Stirling Farr, Orange
State: S	9.54	21-Feb-99	Joshua Mulligan, Gosford
State: S	9.54	21-Mar-09	Rory Barkley, Northern Suburb

Section 1

1	Lincoln Bouffler	Orange	11.37
2	Jacob Lewis	Kurrajong Bilpin	12.13
3	Bailey Clark	Springwood	12.54
4	Diesel Farr	Orange	12.60
5	Malcolm Gillette	Cobar	12.76
6	Charles Hicks	Springwood	12.89
7	Ky Runciman	Wellington	13.52

Section 2

1	Taj Jordan	Orange	11.44
2	Blake Rasho	Katoomba	12.08
3	Lucas Benton	Coonamble	12.19
4	Tom Dennis	Narromine	13.20
5	Harry Richards	Blayney	13.30

**Boys U 10 - 60 Metre Hurdles (60cm)**

Name	Age	Centre	Final
Region: R	10.95	14-Feb-15	Stirling Farr, Orange
State: S	9.74	16-Mar-02	Sean Potter, Macquarie Shores

Section 1

1	Logan Whitton	Glenbrook	11.82
2	Cooper Black	Nyngan	12.17
3	Damon Lewis	Katoomba	12.21
4	Joshua Mitchell	Springwood	13.12
5	Peter Prentice	Coonamble	13.62
6	Ethan Dawson	Orange	13.96

Section 2

1	Harry Abel	Kurrajong Bilpin	11.55
2	James Irons	Coonabarabran	12.42
3	Brody Fiene	Cowra	12.46
4	Marco Mileto	Orange	12.55
5	Samuel Bennett	Bathurst & District	12.76
6	James Reynolds	Springwood	12.82

**Boys U 11 - 60 Metre Hurdles (60cm)**

Name	Age	Centre	Final
Region: R	9.75	16-Feb-13	Caleb Fairweather, Kurrajong
State: S	9.24	19-Feb-00	William Mataka, Revesby Worke

Section 1

1	Blake Chown	Wellington	11.48
2	Arthur Locke	Orange	11.59
3	Lindsay Lauer	Springwood	11.92
4	Blake Pasfield	Kurrajong Bilpin	11.98
5	Tyson Deebank	Nyngan	12.91
6	Thomas Rowe	Springwood	13.34

Section 2

1	Riley Dutton	Springwood	11.17
---	--------------	------------	-------

**Region 3 Championships  
Results**

**....Boys U 11 - 60 Metre Hurdles (60cm)**

2	Wyatt Loughlin	Blayney	11.62
3	Seth Dawes	Young & District	11.74
4	Aiden Walker	Gilgandra	12.02
5	Keegan Willis	Orange	12.71
6	Marcus Clark	Springwood	13.47
7	George Irons	Coonabarabran	16.24

**Boys U 12 - 60 Metre Hurdles (68cm)**

Region: R 9.78 11-Feb-17 Stirling Farr, Orange  
State: S 9.14 19-Feb-05 Kane Thompson, Manly Warringa

Name Age Centre Final

Section 1

1	Jesse Thompson	Bathurst & District	11.20
2	Saxon Bell	Narromine	11.56
3	Tadhg Dougan	Springwood	12.22
4	Aidan McKervey	Glenbrook	12.69
5	Indigo Fraser	Katoomba	12.79
6	Ryan Urquhart	Cobar	12.97

Section 2

1	Stirling Farr	Orange	9.78R
2	Will Black	Nyngan	11.12
3	Vincent Applebee	Springwood	11.70
4	Blair Keogh	Gilgandra	12.07
5	Jack Barac	Springwood	12.27
6	Tiago Ribeiro	Springwood	13.09

**Boys U 13 - 80 Metre Hurdles (76cm)**

Region: R 13.18 15-Feb-15 Caleb Fairweather, Kurrajong  
State: S 12.04 16-Mar-97 Ahmed Abou-Mahmoud, Winston H  
State: S 12.04 19-Mar-00 Ross Roberts, Gosford

Name Age Centre Final

Section 1

1	Eamonn Luchetti	Springwood	14.13
2	Ethan Craig	Glenbrook	14.15
3	Hunter Longhurst	Dubbo	14.30
4	Tyrone Clothier	Forbes	14.32
5	Jack Dickenson	Bathurst & District	15.95
6	Todd Polack	Cobar	17.25
7	Ryley Morley	Cobar	17.64
8	Baiden Wilson-Forster	Forbes	18.71
9	Henry Wakem	Blayney	19.23

**Boys U 14 - 90 Metre Hurdles (76cm)**

Region: R 13.66 12-Feb-17 Luke Thompson, Lithgow  
State: S 12.04 16-Mar-08 Nicholas Hough, Hills Distric

Name Age Centre Final

1	Luke Thompson	Lithgow	13.66R
2	Dominic Della Bosca	Lithgow	13.98
3	James Sutherland	Orange	14.08
4	Spencer Blanch	Kurrajong Bilpin	16.12

### Region 3 Championships Results

#### ....Boys U 14 - 90 Metre Hurdles (76cm)

5 Braiden Lowe Bathurst & District 16.86

#### Boys U 15 - 100 Metre Hurdles (76cm)

Region: R 14.48 14-Feb-16 Tully Murphy, Kurrajong Bilpi

State: S 12.64 22-Mar-09 Nicholas Hough, Hills Distric

Name	Age	Centre	Final
=====			
1 Caleb Fairweather		Kurrajong Bilpin	14.62
2 Aiden Lefevre		Kurrajong Bilpin	15.46
3 Kaleb Kearney		Dubbo	16.03
4 Andrew Millan		Orange	17.80
5 Jack Egan		Gulgong	18.05

#### Boys U 17 - 110 Metre Hurdles (76cm)

Region: R 14.82 12-Feb-17 Tully Murphy, Kurrajong Bilpi

State: S 13.64 24-Mar-13 Ivor Metcalf, Randwick Botany

Name	Age	Centre	Final
=====			
1 Tully Murphy		Kurrajong Bilpin	14.82R
2 Brenton Jeffery		Springwood	15.64
3 Connor Feltham		Kurrajong Bilpin	17.20

#### Boys U 13 - 200 Metre Hurdles (68cm)

Region: R 29.14 13-Feb-16 Henry Palmer, Bathurst

State: S 26.21 19-Mar-11 Jarrod Cullen, Canterbury

Name	Age	Centre	Final
=====			
1 Ethan Craig		Glenbrook	30.45
2 Lachlan Nicholls		Glenbrook	31.04
3 Eamonn Luchetti		Springwood	31.16
4 Baiden Wilson-Forster		Forbes	35.64
5 Lucas Olney		Oberon	37.86

#### Boys U 14 - 200 Metre Hurdles (76cm)

Region: R 28.82 13-Feb-16 Caleb Fairweather, Kurrajong

State: S 24.64 15-Mar-08 Nicholas Hough, Hills Distric

Name	Age	Centre	Final
=====			
1 Mitchell Holt		Springwood	30.82
2 Lachlan Reasbeck		Glenbrook	36.59
3 Aiden Hegarty		Coonamble	39.82

#### Boys U 15 - 300 Metre Hurdles (76cm)

Region: R 44.28 11-Feb-17 Caleb Fairweather, Kurrajong

Name	Age	Centre	Final
=====			
1 Caleb Fairweather		Kurrajong Bilpin	44.28R
2 Cameron Jeffery		Springwood	46.72
3 Dylan Forster		Glenbrook	49.79
4 Jack Egan		Gulgong	51.71

**Region 3 Championships  
Results**

**Boys U 17 - 300 Metre Hurdles (76cm)**

Region: R 49.15 11-Feb-17 Brenton Jeffery, Springwood			
Name	Age	Centre	Final
1 Brenton Jeffery		Springwood	49.15R
2 Isaac Ebeling		Glenbrook	51.15

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Region: R 59.01 15-Feb-15 Glenbrook			
E Craig, T Scott, A Van Putten, T Allport			
State: S 53.84 17-Mar-96 Bankstown Sports			
State: S 53.84 20-Mar-16 Ku-Ring-Gai			
Centre			Final
1 Glenbrook			1:00.62
1) Tristan Scott 11		2) Finn Conole-Buck 10	
3) Lachlan Hay 9		4) Tom Allport 12	
2 Orange			1:00.68
1) Taj Jordan 9		2) Cruz Jordan 11	
3) Rocco Mileto 10		4) Stirling Farr 12	
3 Dubbo			1:01.33
1) Isaac Newstead 9		2) Rueben Ross 11	
3) Max Hall 10		4) William Cuthill 12	
4 Kurrajong Bilpin			1:03.63
1) Alexander Sinnett 9		2) Mackenzie Hall 12	
3) Vaughn Murray 10		4) Cooper Blanch 11	
5 Bathurst & District			1:04.14
1) Logan Coombes 9		2) Samuel Bennett 10	
3) Declan Hodges 11		4) Riley Hancock 11	

**Boys U 12-17 4x100 Metre Relay (Snr)**

Region: R 47.62 14-Feb-16 Glenbrook, Glenbrook			
A van Putten, K Nath, I Ebeling, L McCann			
State: S 45.63 21-Mar-10 Cherrybrook			
Centre			Final
1 Orange			48.78
1) Rikky Bangert 13		2) Ollie Keegan 14	
3) Jackson Willis 14		4) Ben Dennis 17	
2 Glenbrook			48.88
1) Alexander Peel 14		2) Ashton Van Putten 14	
3) Maxwell Murray 13		4) Liam McCann 17	
3 Springwood			52.24
1) Eamonn Luchetti 13		2) Mitchell Holt 14	
3) Nathan Nash 14		4) Brenton Jeffery 17	
4 Dubbo			53.08
1) Nathan Towart 14		2) Callum Auld 17	
3) Hunter Longhurst 13		4) Kaleb Kearney 15	
5 Bathurst & District			53.56
1) Tristen Pankhurst 13		2) Braiden Lowe 14	
3) Zen Clark 15		4) Lochlan Dagg 17	



**Region 3 Championships  
Results**

**Boys U 9 - High Jump (S/H 0.90m)**

Name	Age	Centre	Final
Region: R 1.13m	01-Feb-14	Lachlan Thompson, Lithgow	
State: S 1.40m	17-Mar-85	Jamie Shortland, Randwick Bot	
State: S 1.40m	21-Mar-09	Harrison Brierley, Illawong	

Flight 1

1 Lincoln Bouffler	Orange	1.09m
2 Felix Mann	Springwood	1.03m
3 Benji Synnott	Springwood	1.00m
3 Isaac Newstead	Dubbo	1.00m
5 William Morris	Glenbrook	0.95m
6 Jyilen Ferry	Katoomba	0.90m
7 Charles Hicks	Springwood	0.90m
7 Ky Runciman	Wellington	0.90m

**Boys U 10 - High Jump (S/H 1.00m)**

Name	Age	Centre	Final
Region: R 1.29m	12-Feb-17	Ryan Wells, Lithgow	
State: S 1.51m	21-Mar-04	Jake Stein, Warradale	

1 Ryan Wells	Lithgow	1.29mR
2 Cooper Black	Nyngan	1.15m
3 Damon Lewis	Katoomba	1.15m
4 Vaughn Murray	Kurrajong Bilpin	1.15m
5 Joshua Babbage	Bathurst & District	1.10m
6 Logan Whitton	Glenbrook	1.05m
7 Rhett Goman	Springwood	1.00m
8 Hugh Driver	Springwood	1.00m
9 Marley Ash	Orange	1.00m
-- Alex Sullivan	Kurrajong Bilpin	NH
-- Samuel Bennett	Bathurst & District	NH
-- Quaytashion Lang	Walgett	NH
-- Ethan Dawson	Orange	NH

**Boys U 11 - High Jump (S/H 1.10m)**

Name	Age	Centre	Final
Region: R 1.42m	12-Feb-17	Casper Larkin, Katoomba	
State: S 1.63m	17-Mar-96	John Thornell, Green Valley	

1 Casper Larkin	Katoomba	1.42mR
2 Cooper Blanch	Kurrajong Bilpin	1.25m
3 Blake Chown	Wellington	1.20m
3 William Fuller	Gilgandra	1.20m
5 Rueben Ross	Dubbo	1.20m
6 Liam Murphy	Glenbrook	1.20m
7 Will Zakis	Katoomba	1.15m
8 Connor Hadlow	Blayney	1.10m
9 Jaydon Crawford	Bathurst & District	1.10m
-- Harrison Irvine	Narromine	NH
-- Wyatt Loughlin	Blayney	NH

**Region 3 Championships  
Results**

**Boys U 12 - High Jump (S/H 1.20m)**

Name	Age	Centre	Final
Region: R 1.52m 16-Feb-13 Lochlan Brian, Kurrajong Bilp			
State: S 1.72m 21-Mar-09 Thibaut Potin, Illawong			
1 Lachlan Thompson		Lithgow	1.50m
2 Flynn English		Mudgee	1.50m
3 Daniel Belfanti		Bathurst & District	1.43m
4 Kaydden Hoad		Blayney	1.35m
5 Will Black		Nyngan	1.25m
6 Jason Jordan		Lithgow	1.25m
7 Harrison Wells		Lithgow	1.20m
7 Keegan Reasbeck		Glenbrook	1.20m
7 Lachlan Smith		Dubbo	1.20m
10 Trae Smith		Nyngan	1.20m

**Boys U 13 - High Jump (S/H 1.25m)**

Name	Age	Centre	Final
Region: R 1.55m 17-Feb-13 John Terry, COWRA			
State: S 1.81m 21-Mar-10 Thibaut Potin, Illawong			
1 Tyrone Clothier		Forbes	1.54m
2 Preston Smith		Coonamble	1.54m
3 Eamonn Luchetti		Springwood	1.40m
3 Jack Dickenson		Bathurst & District	1.40m
5 Ting Hay		Glenbrook	1.35m
6 Ryley Morley		Cobar	1.30m
-- Henry Wakem		Blayney	NH

**Boys U 14 - High Jump (S/H 1.30m)**

Name	Age	Centre	Final
Region: R 1.72m 13-Feb-16 Dylan Forster, Glenbrook			
State: S 1.95m 20-Mar-94 Justin Hathway, Tamworth			
1 Spencer Blanch		Kurrajong Bilpin	1.50m
2 Nathan Nash		Springwood	1.45m
3 Blake Harding		Narromine	1.40m
4 Nathan Towart		Dubbo	1.35m
5 Samuel Kratzmann		Dubbo	1.35m
6 Braiden Lowe		Bathurst & District	1.30m
-- Michael Riley		Parkes	NH

**Boys U 15 - High Jump (S/H 1.30m)**

Name	Age	Centre	Final
Region: R 1.81m 12-Feb-17 Dylan Forster, Glenbrook			
State: S 2.06m 18-Mar-00 James Watson, Manly Warringah			
1 Dylan Forster		Glenbrook	1.81mR
2 Kaleb Kearney		Dubbo	1.75m
3 Zen Clark		Bathurst & District	1.75m
4 Scott Brown		Bathurst & District	1.65m
5 Saxon Southwell		Young & District	1.55m
6 Jack Egan		Gulgong	1.45m

### Region 3 Championships Results

#### Boys U 17 - High Jump (S/H 1.35m)

=====			
Region:	R 1.87m	13-Feb-16	Hayden Perry, Glenbrook
State:	S 2.10m	20-Mar-10	Brandon Starc, Parramatta
Name	Age	Centre	Final
=====			
1 Lochlan Brian		Kurrajong Bilpin	1.81m
2 Kyle Smith		Young & District	1.70m
3 Cameron Kitching		Glenbrook	1.65m
4 Tully Murphy		Kurrajong Bilpin	1.60m
5 Shaun Doherty		Gulgong	1.60m
6 Connor Feltham		Kurrajong Bilpin	1.50m

#### Boys U 8 - Long Jump

=====			
Region:	R 3.47m	01-Feb-14	Angus Clues, Lithgow
State:	S 4.24m	22-Feb-87	Steven Grant, Port Hacking
Name	Age	Centre	Final
=====			
1 Samuel Hill		Orange	3.41m
2 Kobe Borgstahl		Bathurst & District	3.08m
3 Ashton Cohen		Katoomba	3.07m
4 Archer Van Drie		Kurrajong Bilpin	3.05m
5 Izaak Scott		Bathurst & District	2.95m
6 Lincoln Beddoes		Kurrajong Bilpin	2.94m
7 Nicholas Godwin		Glenbrook	2.92m
8 Ashton Deebank		Nyngan	2.92m
9 Flynn Driver		Springwood	2.88m
10 Matthew May		Dubbo	2.86m
11 Noah Bew		Kurrajong Bilpin	2.85m
12 Saxon Charlesworth		Kurrajong Bilpin	2.67m
13 Mitchell Fuller		Gilgandra	2.66m

#### Boys U 9 - Long Jump

=====			
Region:	R 3.89m	02-Feb-14	Lachlan Thompson, Lithgow
State:	S 4.71m	24-Mar-91	Grant Buchanan, Illawong
Name	Age	Centre	Final
=====			
1 Harry Robertson		Orange	3.54m
2 Isaac Newstead		Dubbo	3.44m
3 Logan Coombes		Bathurst & District	3.41m
4 Jamaine Trapman		Cumnock	3.40m
5 Lucas Benton		Coonamble	3.35m
6 Lachlan Hay		Glenbrook	3.33m
7 Cooper Townsend		Dubbo	3.29m
8 William Morris		Glenbrook	3.24m
9 Blake Rasho		Katoomba	3.20m
10 Benjamin Francis		Orange	3.10m
11 Benji Synnott		Springwood	3.08m
12 Bailey Crawford		Bathurst & District	2.98m
13 Maklin Henderson		Orange	2.94m
14 Charlie Kiss		Wellington	2.89m
15 Blake Swarbrick		Kurrajong Bilpin	2.87m

### Region 3 Championships Results

#### Boys U 10 - Long Jump

Region: R 4.20m 16-Feb-13 Jake McLenaghan, Springwood			
State: S 5.17m 16-Mar-80 Martin Moore, Bathurst			
Name	Age	Centre	Final
1 Logan Whitton		Glenbrook	4.16m
2 Darcy Neeves		Gilgandra	3.96m
3 Fletcher Windebank-Bozac		Kurrajong Bilpin	3.87m
4 Rocco Mileto		Orange	3.77m
5 Brody Fiene		Cowra	3.76m
6 Harry Abel		Kurrajong Bilpin	3.75m
7 Oscar Mills		Springwood	3.58m
8 Archie Nott		Bourke	3.55m
9 Leon Murray		Glenbrook	3.42m

#### Boys U 11 - Long Jump

Region: R 4.47m 02-Feb-14 Jack Cole, Orange			
State: S 5.34m 07-Feb-87 Craig Woodroff, Manly Warring			
Name	Age	Centre	Final
1 Angus Clues		Springwood	4.37m
2 Blake Chown		Wellington	3.91m
3 Connor Hadlow		Blayney	3.84m
4 William Fuller		Gilgandra	3.71m
5 Liam Murphy		Glenbrook	3.66m
6 Noah Tracey		Orange	3.65m
7 Clancy Holmes		Cowra	3.53m
8 Riley Hancock		Bathurst & District	3.49m
9 George Wakem		Blayney	3.39m
10 Jaydon Crawford		Bathurst & District	3.38m
11 Declan Hodges		Bathurst & District	3.20m
12 Jonathan Peters		Springwood	3.13m
13 Aiden Walker		Gilgandra	3.11m
14 Tyson Deebank		Nyngan	2.80m

#### Boys U 12 - Long Jump

Region: R 4.75m 13-Feb-16 Jake Toubia, Bathurst			
State: S 5.86m 17-Mar-96 Michael Doggett, Lithgow			
Name	Age	Centre	Final
1 Stirling Farr		Orange	4.60m
2 Lachlan Riley		Gilgandra	4.36m
3 Kuber Thakur		Narromine	4.26m
4 Lachlan Thompson		Lithgow	4.21m
5 Bailey Barrett		Orange	4.18m
6 Blair Keogh		Gilgandra	4.15m
7 Flynn English		Mudgee	4.10m
8 Jesse Thompson		Bathurst & District	4.01m
9 Tom Allport		Glenbrook	3.96m
10 Braith Carroll		Dubbo	3.96m
11 Jett Fendall		Katoomba	3.93m
12 William Cuthill		Dubbo	3.86m
13 Will Black		Nyngan	3.81m
14 Keegan Reasbeck		Glenbrook	3.76m
15 Mackenzie Hall		Kurrajong Bilpin	3.67m



**Region 3 Championships  
Results**

**Boys U 17 - Long Jump**

=====			
Region: R 6.15m		11-Feb-17	Tully Murphy, Kurrajong Bilpi
State: S 7.17m		19-Mar-16	Josh Baddock, Cherrybrook
Name	Age	Centre	Final
=====			
1 Tully Murphy		Kurrajong Bilpin	6.15mR
2 Lochlan Brian		Kurrajong Bilpin	5.91m
3 Cameron Kitching		Glenbrook	5.74m
4 Zachary Marsh		Mudgee	5.63m
5 Shaun Doherty		Gulgong	5.47m
6 Connor Feltham		Kurrajong Bilpin	5.25m
7 Lochlan Dagg		Bathurst & District	5.19m
8 Kyle Smith		Young & District	5.18m
9 Kevin Thurston-Welsh		Coonamble	5.12m

**Boys U 11 - Triple Jump**

=====			
Region: R 9.43m		11-Feb-17	Cooper Blanch, Kurrajong Bil
State: S 11.06m		27-Mar-93	David Geddes, Manly Warringa
Name	Age	Centre	Final
=====			
1 Cooper Blanch		Kurrajong Bilpin	9.43mR
2 Oliver Drew		Katoomba	8.37m
3 Blake Chown		Wellington	7.98m
4 Liam Murphy		Glenbrook	7.98m
5 Seth Dawes		Young & District	7.79m
6 Blake Pasfield		Kurrajong Bilpin	7.43m
7 Joseph Kitching		Glenbrook	7.28m
8 Jonathan Peters		Springwood	6.87m
9 Logan Whiteley		Orange	6.61m
10 Michael La Rosa		Kurrajong Bilpin	6.48m

**Boys U 12 - Triple Jump**

=====			
Region: R 10.08m		14-Feb-16	Luke Boyes, Springwood
State: S 12.78m		19-Mar-95	Gima Keimelo, Randwick Botan
Name	Age	Centre	Final
=====			
1 Lachlan Riley		Gilgandra	9.11m
2 Harrison Wells		Lithgow	9.09m
3 Tom Allport		Glenbrook	8.94m
4 Mackenzie Hall		Kurrajong Bilpin	8.72m
5 William Cuthill		Dubbo	8.70m
6 Vincent Applebee		Springwood	8.65m
7 Bailey Barrett		Orange	8.58m
8 Jason Jordan		Lithgow	8.35m
9 Saxon Bell		Narromine	8.30m
10 Tadhg Dougan		Springwood	8.04m
11 Bayden Willis		Orange	8.03m
12 Trae Smith		Nyngan	7.38m

**Region 3 Championships  
Results**

**Boys U 13 - Triple Jump**

Region: R 11.04m 13-Feb-16 Jackson Willis, Orange			
State: S 12.72m 18-Mar-07 Nicholas Hough, Hills Distri			
Name	Age	Centre	Final
1 Maxwell Murray		Glenbrook	10.58m
2 Kobi Egan		Lithgow	10.20m
3 Luke Boyes		Springwood	9.97m
4 Jake McSpadden		Glenbrook	9.16m
5 Cameron Ferrier		Kurrajong Bilpin	9.13m
6 Saxon Jordan		Orange	8.81m
7 Chad Buckman		Cobar	8.48m
8 Ryley Morley		Cobar	8.17m
9 Riley Elliott		Orange	7.89m
10 Tristen Pankhurst		Bathurst & District	6.85m
-- Jarrod Davidson		Kurrajong Bilpin	FOUL

**Boys U 14 - Triple Jump**

Region: R 12.28m 11-Feb-17 Jackson Willis, Orange			
State: S 13.48m 17-Mar-96 David Geddes, Manly Warringa			
Name	Age	Centre	Final
1 Jackson Willis		Orange	12.28mR
2 Mitchell Holt		Springwood	11.31m
3 Dominic Della Bosca		Lithgow	10.67m
4 Blake Harding		Narromine	9.67m
5 Spencer Blanch		Kurrajong Bilpin	9.29m
6 Luke Brian		Kurrajong Bilpin	9.27m
7 Braiden Lowe		Bathurst & District	8.94m
8 Michael Riley		Parkes	8.77m
9 Nathan Towart		Dubbo	8.36m

**Boys U 15 - Triple Jump**

Region: R 12.88m 14-Feb-16 Tully Murphy, Kurrajong Bilp			
State: S 14.35m 21-Mar-99 Fabrice Lapierre, Blacktown			
Name	Age	Centre	Final
1 Heath Shields		Kurrajong Bilpin	12.76m
2 Zen Clark		Bathurst & District	12.28m
3 Damien Lefevre		Kurrajong Bilpin	11.87m
4 Kaleb Kearney		Dubbo	11.11m
5 Cameron Jeffery		Springwood	11.07m
6 Scott Brown		Bathurst & District	10.73m
7 Lachlan Strahan		Glenbrook	9.38m

**Boys U 17 - Triple Jump**

Region: R 13.21m 12-Feb-17 Tully Murphy, Kurrajong Bilp			
State: S 14.80m 24-Mar-13 Emmanuel Fakiye, Nth Rocks C			
Name	Age	Centre	Final
1 Tully Murphy		Kurrajong Bilpin	13.21mR
2 Lochlan Brian		Kurrajong Bilpin	12.07m
3 Zachary Marsh		Mudgee	11.26m
4 Connor Feltham		Kurrajong Bilpin	10.69m

### Region 3 Championships Results

#### ....Boys U 17 - Triple Jump

5 Isaac Ebeling Glenbrook 10.38m

#### Boys U 8 - Shot Put (1.5 Kg)

Region: R 6.84m 11-Feb-17 Saxon Charlesworth, Kurrajong

State: S 10.98m 06-Mar-11 Blake Toohey, Sutherland

Name	Age Centre	Final
------	------------	-------

1 Saxon Charlesworth	Kurrajong Bilpin	6.84mR
2 Noah Pitt	Walgett	5.72m
3 Kobe Borgstahl	Bathurst & District	5.72m
4 Ashton Deebank	Nyngan	5.61m
5 Sam Turner	Cobar	5.10m
6 Harry Beale	Cowra	4.98m
7 Nathaniel Mills	Glenbrook	4.38m
8 Owen Fleming	Coonabarabran	4.15m
9 Matthew Bell	Glenbrook	4.05m
10 Declan Robertson	Orange	4.04m
11 Adam Jordan	Kurrajong Bilpin	3.89m
12 Lucas Babbage	Bathurst & District	3.54m
13 Jack Murray	Bathurst & District	3.52m

#### Boys U 9 - Shot Put (2.0 Kg)

Region: R 7.28m 14-Feb-15 Scott McLenaghan, Springwood

State: S 11.33m 20-Mar-99 Jamal Idris, Bankstown Sport

Name	Age Centre	Final
------	------------	-------

1 Jyilen Ferry	Katoomba	6.22m
2 Tom Dennis	Narromine	5.69m
3 Blake Rasho	Katoomba	5.34m
4 Elton McKenzie	Coonamble	5.10m
5 Ky Runciman	Wellington	4.88m
6 Bailey Crawford	Bathurst & District	4.76m
7 Colin Benson	Katoomba	4.75m
8 Harrison Jenkins	Bathurst & District	4.38m
9 Cooper Mostyn	Lithgow	4.27m
10 Ambrose Capon-Redman	Springwood	4.15m
11 Billy Cox	Parkes	3.00m
12 Zac Harding	Narromine	2.48m

#### Boys U 10 - Shot Put (2.0 Kg)

Region: R 8.64m 14-Feb-16 Scott McLenaghan, Springwood

State: S 13.22m 20-Feb-11 EJ Brown-Vaelua, Nepean

Name	Age Centre	Final
------	------------	-------

1 James Irons	Coonabarabran	8.37m
2 Ethan Cook	Glenbrook	7.81m
3 Cooper Black	Nyngan	7.30m
4 Darcy Neeves	Gilgandra	6.94m
5 Dylon Murray	Gilgandra	6.94m
6 Jock Cullen	Walgett	6.64m
7 Max Richards	Blayney	6.48m
8 James Reynolds	Springwood	6.36m
9 James Turner	Cobar	6.31m



### Region 3 Championships Results

#### ....Boys U 10 - Shot Put (2.0 Kg)

10	Brandon Eiler	Oberon	6.22m
11	Alex Sullivan	Kurrajong Bilpin	5.86m
12	Cooper Ballard	Cowra	5.44m
13	Justin Charlesworth	Kurrajong Bilpin	5.24m

#### Boys U 11 - Shot Put (2.0 Kg)

=====			
Region: R 10.90m		11-Feb-17	Angus Clues, Springwood
State: S 14.42m		19-Mar-11	Payne Haas, Macquarie Hunter
Name	Age	Centre	Final
=====			
1	Angus Clues	Springwood	10.90mR
2	Bailey Beale	Cowra	9.35m
3	Angus Thompson	Orange	9.33m
4	Scott McLenaghan	Springwood	8.50m
5	Angus Herron	Katoomba	8.14m
6	Seth Dawes	Young & District	8.08m
7	Joseph Kitching	Glenbrook	7.34m
8	Connor Hodges	Bathurst & District	6.23m
9	Lawrence McKenzie	Coonamble	6.20m
10	Harrison Irvine	Narromine	5.70m
11	Charlie Cox	Parkes	5.50m
12	Tyson Deebank	Nyngan	5.47m

#### Boys U 12 - Shot Put (3.0 Kg)

=====			
Region: R 9.61m		15-Feb-15	Ollie Keegan, Orange
State: S 15.66m		17-Mar-02	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Braith Carroll	Dubbo	8.37m
2	Oliver Hinchliffe	Glenbrook	8.14m
3	Kaydden Hoad	Blayney	7.67m
4	Spencer Hinchliffe	Glenbrook	6.75m
5	Ben Lanyon	Lithgow	6.36m
6	Hunter Ross	Dubbo	6.23m
7	Aaron Shields	Katoomba	5.90m
8	Harrison Strahan	Glenbrook	5.73m
9	Riley Barnes	Oberon	3.73m

#### Boys U 13 - Shot Put (3.0 Kg)

=====			
Region: R 11.16m		14-Feb-16	Ollie Keegan, Orange
State: S 19.11m		20-Mar-09	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Lachlan Nicholls	Glenbrook	10.41m
2	Ethan Harrison	Mudgee	9.76m
3	Hunter Longhurst	Dubbo	9.40m
4	Alex Kinghorne	Blayney	9.31m
5	Jarrold Davidson	Kurrajong Bilpin	8.61m
6	Alexander Xuereb	Glenbrook	8.42m
7	Alex Robinson	Coonabarabran	7.63m
8	Brendon Peary	Springwood	7.32m
9	Corey Cartwright	Cowra	6.53m
10	Mitchell Godwin	Kandos Rylstone	5.44m

**Region 3 Championships  
Results**

**Boys U 14 - Shot Put (3.0 Kg)**

Region: R 12.89m 15-Feb-15 Aiden Butcher, Narromine			
State: S 18.51m 16-Feb-13 Tyrone Taukamo, Randwick Bot			
Name	Age	Centre	Final
1 Ollie Keegan		Orange	12.39m
2 Luke Brian		Kurrajong Bilpin	11.97m
3 Jake McLenaghan		Springwood	11.64m
4 Jed Hayes		Mudgee	10.79m
5 Nathan Nash		Springwood	10.11m
6 Cooper Wright		Orange	10.06m
7 Blake Harding		Narromine	9.76m
8 Kambell Ross		Dubbo	8.93m
9 Mitchell Holt		Springwood	8.88m
10 Michael Riley		Parkes	8.12m
11 Joshua Belfanti		Bathurst & District	8.05m

**Boys U 15 - Shot Put (4.0 Kg)**

Region: R 12.97m 01-Feb-14 Ethan Kennedy, Orange			
State: S 19.62m 18-Mar-11 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Mitch Nalder		Coonamble	9.89m
2 Lachlan Strahan		Glenbrook	9.51m
3 Tailor Hampton		Cowra	9.50m

**Boys U 17 - Shot Put (5.0 Kg)**

Region: R 12.20m 01-Feb-14 Josh Knight, Grenfell			
State: S 17.89m 24-Mar-12 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Edward Walker		Narromine	12.06m
2 Fletcher Wright		Orange	11.20m
3 Mark Coleman		Narromine	9.91m
4 Shaun Doherty		Gulgong	8.81m

**Boys U 8 - Discus (500 Gram)**

Region: R 19.40m 14-Feb-16 Taj Jordan, Orange			
State: S 31.36m 16-Feb-92 Gareth Care, Nth Rocks Carli			
Name	Age	Centre	Final
1 Saxon Charlesworth		Kurrajong Bilpin	14.07m
2 Flynn Driver		Springwood	13.99m
3 Jacob Bell		Glenbrook	13.98m
4 Sam Turner		Cobar	13.88m
5 Fraser Gill		Narromine	13.68m
6 Andrew Schuetrumpf		Springwood	13.36m
7 Lincoln Beddoes		Kurrajong Bilpin	13.25m
8 Archie Black		Nyngan	13.08m
9 Oliver Jackson		Glenbrook	11.82m
10 Lucas Edwards		Parkes	11.12m
11 Hunter Abel		Kurrajong Bilpin	10.84m
12 Joshua Riley		Parkes	7.45m
13 Noah Lewin		Young & District	4.12m

**Region 3 Championships  
Results**

**Boys U 9 - Discus (500 Gram)**

=====				
Region: R 26.78m		15-Feb-15	Angus Thompson, Orange	
State: S 36.68m		22-Nov-98	Jamal Idris, Bankstown Sport	
Name	Age	Centre	Final	
=====				
1	Jyilen	Ferry	Katoomba	19.62m
2	Taj	Jordan	Orange	19.03m
3	Elton	McKenzie	Coonamble	16.75m
4	Gabriel	Geach Andrews	Katoomba	16.41m
5	Harry	Duguid	Canowindra	16.03m
6	Jamaine	Trapman	Cumnock	15.71m
7	Colin	Benson	Katoomba	13.68m
8	Cooper	Mostyn	Lithgow	13.50m
9	Felix	Mann	Springwood	12.79m
10	Harrison	Jenkins	Bathurst & District	12.69m
11	Charlie	Kiss	Wellington	12.20m
12	Cameron	Ross	Orange	11.62m
13	Ambrose	Capon-Redman	Springwood	10.91m
14	Malcolm	Gillette	Cobar	9.93m
--	George	Honeysett	Gulgong	FOUL

**Boys U 10 - Discus (500 Gram)**

=====				
Region: R 31.28m		13-Feb-16	Angus Thompson, Orange	
State: S 43.20m		19-Mar-83	Jason Amberger, Nepean	
Name	Age	Centre	Final	
=====				
1	James	Irons	Coonabarabran	26.83m
2	Harry	Abel	Kurrajong Bilpin	22.82m
3	Ethan	Cook	Glenbrook	21.78m
4	Cooper	Black	Nyngan	20.00m
5	Blake	Van Drie	Kurrajong Bilpin	19.51m
6	Jock	Cullen	Walgett	19.21m
7	Brandon	Eiler	Oberon	17.94m
8	Oscar	Mills	Springwood	16.85m
9	Riley	Hoad	Blayney	15.01m
10	Cooper	Ballard	Cowra	14.06m

**Boys U 11 - Discus (750 Gram)**

=====				
Region: R 29.50m		12-Feb-17	Angus Clues, Springwood	
State: S 40.45m		17-Feb-12	EJ Brown-Vaelua, Nepean	
Name	Age	Centre	Final	
=====				
1	Angus	Clues	Springwood	29.50mR
2	Bailey	Beale	Cowra	25.76m
3	Angus	Thompson	Orange	25.25m
4	Angus	Herron	Katoomba	23.54m
5	Scott	McLenaghan	Springwood	19.78m
6	Lawrence	McKenzie	Coonamble	17.54m
7	Harrison	Irvine	Narromine	16.88m
8	Joseph	Kitching	Glenbrook	16.62m
9	Riley	Dutton	Springwood	16.44m
10	Charlie	Cox	Parkes	14.74m
11	Tyson	Deebank	Nyngan	13.14m

**Region 3 Championships  
Results**

**Boys U 12 - Discus (750 Gram)**

=====			
Region: R 37.44m		16-Feb-13	Vincent Reilly, PARKES
State: S 52.43m		16-Mar-02	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Tim Babbage	Bathurst & District	24.07m
2	Harrison Wells	Lithgow	22.60m
3	Cameron McKenzie	Coonamble	22.36m
4	Braith Carroll	Dubbo	21.70m
5	Flynn English	Mudgee	21.68m
6	Spencer Hinchliffe	Glenbrook	20.69m
7	Nathan Fokes	Springwood	20.59m
8	Jason Jordan	Lithgow	18.27m
9	Ben Lanyon	Lithgow	17.77m
10	Harrison Strahan	Glenbrook	17.66m
11	Oliver Hinchliffe	Glenbrook	17.22m
12	Hunter Ross	Dubbo	12.58m

**Boys U 13 - Discus (1.0 Kg)**

=====			
Region: R 37.94m		13-Feb-16	Ollie Keegan, Orange
State: S 53.78m		16-Mar-03	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Ethan Harrison	Mudgee	26.68m
2	Lachlan Nicholls	Glenbrook	26.34m
3	Alex Kinghorne	Blayney	24.00m
4	Corey Cartwright	Cowra	23.05m
5	Jarrod Davidson	Kurrajong Bilpin	22.78m
6	Brendon Peary	Springwood	20.44m
7	Jake Cuthill	Dubbo	19.67m
8	Alexander Xuereb	Glenbrook	18.48m
9	Saxon Jordan	Orange	17.48m
10	Tristen Pankhurst	Bathurst & District	15.66m
11	Todd Polack	Cobar	14.41m

**Boys U 14 - Discus (1.0 Kg)**

=====			
Region: R 46.76m		14-Feb-15	Aiden Butcher, Narromine
State: S 57.71m		20-Mar-10	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Jake McLenaghan	Springwood	37.55m
2	Ollie Keegan	Orange	36.41m
3	Luke Thompson	Lithgow	33.90m
4	Nathan Nash	Springwood	29.96m
5	Cooper Wright	Orange	27.28m
6	Michael Riley	Parkes	25.46m
7	Joshua Belfanti	Bathurst & District	23.92m

**Boys U 15 - Discus (1.0 Kg)**

=====			
Region: R 49.29m		14-Feb-16	Aiden Butcher, Narromine
State: S 64.26m		15-Feb-15	Nicholas Frost, Parramatta
Name	Age	Centre	Final
=====			
1	Mitch Nalder	Coonamble	41.90m

### Region 3 Championships Results

#### ....Boys U 15 - Discus (1.0 Kg)

2	Aiden Lefevre	Kurrajong Bilpin	36.27m
3	Dylan Forster	Glenbrook	29.32m
4	Taylor Hampton	Cowra	27.47m
5	Jayden Buckley	Katoomba	23.44m
6	Lachlan Strahan	Glenbrook	20.91m

#### Boys U 17 - Discus (1.5 Kg)

=====			
	Region: R 40.80m	12-Feb-17	Aiden Butcher, Narromine
	State: S 56.17m	22-Mar-09	Liam Speers, Macquarie Hunte
Name	Age	Centre	Final
=====			
1	Aiden Butcher	Narromine	40.80mR
2	Edward Walker	Narromine	28.26m
3	Kyle Smith	Young & District	22.91m
4	Fletcher Wright	Orange	22.90m
5	Aiden Olney	Oberon	17.70m

#### Boys U 11 - Javelin (400 Gram)

=====			
	Region: R 30.35m	12-Feb-17	Angus Clues, Springwood
	State: S 34.27m	19-Mar-16	Baxter Kitteringham, Port Ha
Name	Age	Centre	Final
=====			
1	Angus Clues	Springwood	30.35mR
2	Angus Herron	Katoomba	23.89m
3	Casper Larkin	Katoomba	23.04m
4	Cruz Jordan	Orange	22.99m
5	Joseph Kitching	Glenbrook	22.41m
6	Harrison Irvine	Narromine	19.41m
7	Declan Hodges	Bathurst & District	15.82m
8	Lawrence McKenzie	Coonamble	14.51m
9	Elliot Bangert	Orange	13.56m
10	George Irons	Coonabarabran	10.46m
11	Charlie Cox	Parkes	9.65m

#### Boys U 12 - Javelin (400 Gram)

=====			
	Region: R 32.32m	17-Feb-13	Aiden Butcher, Narromine
	State: S 40.48m	21-Mar-15	Daniel Menin, Parramatta
Name	Age	Centre	Final
=====			
1	Nathan Fokes	Springwood	29.94m
2	Brodie Straub	Glenbrook	27.57m
3	Saxon Bell	Narromine	27.16m
4	Alec Gleeson	Springwood	25.26m
5	Trevor Clines	Katoomba	25.07m
6	Harrison Wells	Lithgow	21.81m
7	Cameron McKenzie	Coonamble	19.29m
8	Oliver Hinchliffe	Glenbrook	16.00m
9	Aidan McKervey	Glenbrook	14.38m
10	Ryan Urquhart	Cobar	12.51m

### Region 3 Championships Results

#### Boys U 13 - Javelin (600 Gram)

=====			
Region: R 34.90m		01-Feb-14	Aiden Butcher, Narromine
State: S 48.80m		18-Mar-07	Shane Nicholls, Kurrajong Bi
Name	Age	Centre	Final
=====			
1	Jake McSpadden	Glenbrook	34.75m
2	Rikky Bangert	Orange	30.32m
3	Jarrold Davidson	Kurrajong Bilpin	24.84m
4	Ryley Morley	Cobar	20.27m
5	Brendon Peary	Springwood	19.80m
6	Corey Cartwright	Cowra	19.55m
7	Jake Cuthill	Dubbo	18.25m
8	Alexander Xuereb	Glenbrook	18.16m
9	Saxon Jordan	Orange	17.72m
10	Alex Robinson	Coonabarabran	16.58m
11	Ethan Harrison	Mudgee	15.80m
12	Mitchell Godwin	Kandos Rylstone	12.22m

#### Boys U 14 - Javelin (600 Gram)

=====			
Region: R 42.49m		17-Feb-13	Hayden Perry, Glenbrook
State: S 56.87m		18-Mar-01	Jonathon Wynn, Camden Haven
Name	Age	Centre	Final
=====			
1	Nathan Nash	Springwood	29.98m
2	Jake McLenaghan	Springwood	25.21m
3	Lachlan Reasbeck	Glenbrook	23.38m
4	Kambell Ross	Dubbo	21.88m

#### Boys U 15 - Javelin (700 Gram)

=====			
Region: R 47.80m		13-Feb-16	Aiden Butcher, Narromine
State: S 59.69m		15-Feb-14	Cameron McEntyre, Ku-Ring-Ga
Name	Age	Centre	Final
=====			
1	Aiden Lefevre	Kurrajong Bilpin	42.94m
2	Dylan Forster	Glenbrook	39.99m
3	Zen Clark	Bathurst & District	36.39m
4	Scott Brown	Bathurst & District	32.09m
5	Cameron Jeffery	Springwood	28.37m
6	Lachlan Strahan	Glenbrook	22.96m
7	Taylor Hampton	Cowra	19.92m
--	Mitch Nalder	Coonamble	FOUL

#### Boys U 17 - Javelin (700 Gram)

=====			
Region: R 62.00m		14-Feb-16	Hayden Perry, Glenbrook
State: S 68.40m		24-Mar-13	Rhys Stein, Warradale
Name	Age	Centre	Final
=====			
1	Aiden Butcher	Narromine	51.13m
2	Cameron Kitching	Glenbrook	43.72m
3	Edward Walker	Narromine	39.71m
4	Kyle Smith	Young & District	31.24m
5	Fletcher Wright	Orange	30.34m
6	Aiden Olney	Oberon	18.20m
--	Kevin Thurston-Welsh	Coonamble	FOUL

**Region 3 Championships  
Results**

**Boys U 9 - 700 Metre Walk**

Name	Age	Centre	Final
=====			
Region: R	4:33.98	15-Feb-15	Elliot Bangert, Orange
State: S	3:15.36	20-Mar-16	Peter Elliott, Quakers Hill

Section 1

1	Blake Swarbrick	Kurrajong Bilpin	5:00.06
2	Ethan Cook	Springwood	5:00.36
3	Ambrose Capon-Redman	Springwood	5:00.89

**Boys U 10 - 1100 Metre Walk**

Name	Age	Centre	Final
=====			
Region: R	6:30.83	14-Feb-16	Elliot Bangert, Orange
State: S	5:01.70	22-Mar-98	Luke Fitzgerald, Nepean

1	Cameron Purcell	Springwood	7:11.19
--	Caleb Goman	Springwood	DQ
--	Alex Sullivan	Kurrajong Bilpin	DQ

**Boys U 11 - 1100 Metre Walk**

Name	Age	Centre	Final
=====			
Region: R	5:57.35	12-Feb-17	Elliot Bangert, Orange
State: S	5:05.80	21-Mar-99	Luke Fitzgerald, Nepean

1	Elliot Bangert	Orange	5:57.35R
2	Darcy Bell	Kurrajong Bilpin	6:04.53
3	Liam Murphy	Glenbrook	6:15.06
4	Logan Whiteley	Orange	7:15.02

**Boys U 12 - 1500 Metre Walk**

Name	Age	Centre	Final
=====			
Region: R	9:13.53	12-Feb-17	Tiago Ribeiro, Springwood
State: S	6:45.20	19-Mar-00	Luke Fitzgerald, Nepean

1	Tiago Ribeiro	Springwood	9:13.53R
2	Harrison Strahan	Glenbrook	10:19.07
3	Oliver Hinchliffe	Glenbrook	10:27.07

**Boys U 14 - 1500 Metre Walk**

Name	Age	Centre	Final
=====			
Region: R	9:38.69	17-Feb-13	Mitchell Drew-Rugg, Glenbro
State: S	6:13.40	19-Mar-95	Troy Sundstrom, Highlanders

1	Spencer Blanch	Kurrajong Bilpin	11:49.07
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**Mixed U 8 - Discus Para**

Name	Age	Centre	Final
=====			

Flight 1

1	Sam Chatfield	M Dubbo	3.72m
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**Region 3 Championships  
Results**

**Mixed U 8 - Long Jump Para**

=====		
Name	Age Centre	Final
=====		
1 Sam Chatfield	M Dubbo	3.01m