

**2018/19 Region 3 Championships**

**Barden Park, Dubbo**

**Sunday - Track**

Event Number	Event	Heat/Final	Start Time
T103	U/13 Girls 80m Hurdles	Heats	8:00:00 AM
T104	U/13 Boys 80m Hurdles	Heats	8:03:00 AM
T105	U/17 Boys 110m Hurdles	Heats	8:10:00 AM
T106	U/11 Girls 1100m Walk	Final	8:15:00 AM
T107	U/11 Boys 1100m Walk	Final	8:15:00 AM
T108	U/10 Girls 1100m Walk	Final	8:25:00 AM
T109	U/10 Boys 1100m Walk	Final	8:25:00 AM
T110	U/9 Girls 700m Walk	Final	8:35:00 AM
T111	U/9 Boys 700m Walk	Final	8:35:00 AM
T112	U/8 Girls 700m Pack Start	Final	8:45:00 AM
T113	U/8 Boys 700m Pack Start	Final	8:50:00 AM
T114	U/12 Girls 1500m Walk	Final	8:55:00 AM
T115	U/12 Boys 1500m Walk	Final	8:55:00 AM
T116	U/13 Girls 1500m Walk	Final	9:10:00 AM
T117	U/13 Boys 1500m Walk	Final	9:10:00 AM
T118	U/14 Girls 1500m Walk	Final	9:10:00 AM
T119	U/14 Boys 1500m Walk	Final	9:10:00 AM
T120	U/15 Girls 1500m Walk	Final	9:10:00 AM
T121	U/15 Boys 1500m Walk	Final	9:10:00 AM
T122	U/17 Girls 1500m Walk	Final	9:10:00 AM
T123	U/17 Boys 1500m Walk	Final	9:10:00 AM
T124	U/13 Girls 80m Hurdles	Final	9:25:00 AM
T125	U/13 Boys 80m Hurdles	Final	9:28:00 AM
T126	U/14 Girls 80m Hurdles	Final	9:31:00 AM
T127	U/14 Boys 90m Hurdles	Final	9:35:00 AM
T128	U/15 Girls 90m Hurdles	Final	9:38:00 AM
T129	U/15 Boys 100m Hurdles	Final	9:43:00 AM
T130	U/17 Girls 100m Hurdles	Final	9:46:00 AM
T131	U/17 Boys 110m Hurdles	Final	9:50:00 AM
T132	U/10 Girls 70m Run	Heats	10:00:00 AM
T133	U/10 Boys 70m Run	Heats	10:06:00 AM
T134	U/9 Girls 70m Run	Heats	10:12:00 AM
T135	U/9 Boys 70m Run	Heats	10:18:00 AM
T136	U/8 Girls 70m Run	Heats	10:24:00 AM
T137	U/8 Boys 70m Run	Heats	10:30:00 AM
T138	U/10 Girls 70m Run	Final	10:40:00 AM
T139	U/10 Boys 70m Run	Final	10:43:00 AM
T140	U/9 Girls 70m Run	Final	10:46:00 AM
T141	U/9 Boys 70m Run	Final	10:49:00 AM
T142	U/8 Girls 70m Run	Final	10:52:00 AM
T143	U/8 Boys 70m Run	Final	10:55:00 AM
T144	U/11 Girls 800m Run	Final	11:00:00 AM
T145	U/11 Boys 800m Run	Final	11:05:00 AM
T145A	11/12 Boys MC 800m Run	Final	11:05:00 AM
T146	U/12 Girls 800m Run	Final	11:10:00 AM
T147	U/12 Boys 800m Run	Final	11:15:00 AM
T148	U/13 Girls 800m Run	Final	11:20:00 AM
T149	U/13 Boys 800m Run	Final	11:25:00 AM
T150	U/14 Girls 800m Run	Final	11:30:00 AM

Event Number	Event	Heat/Final	Start Time
T151	U/14 Boys 800m Run	Final	11:35:00 AM
T152	U/15 Girls 800m Run	Final	11:40:00 AM
T153	U/15 Boys 800m Run	Final	11:40:00 AM
T154	U/17 Girls 800m Run	Final	11:45:00 AM
T155	U/17 Boys 800m Run	Final	11:50:00 AM
T156	U/10 Girls 800m Run	Final	11:55:00 AM
T157	U/10 Boys 800m Run	Final	12:00:00 PM
T158	U/9 Girls 800m Run	Final	12:05:00 PM
T159	U/9 Boys 800m Run	Final	12:10:00 PM
T160	U/11 Girls 200m Run	Heats	12:15:00 PM
T161	U/11 Boys 200m Run	Heats	12:21:00 PM
T162	U/12 Girls 200m Run	Heats	12:27:00 PM
T163	U/12 Boys 200m Run	Heats	12:33:00 PM
T164	U/13 Girls 200m Run	Heats	12:39:00 PM
T165	U/13 Boys 200m Run	Heats	12:45:00 PM
T166	U/14 Girls 200m Run	Heats	12:51:00 PM
T167	U/14 Boys 200m Run	Heats	12:57:00 PM
T168	U/15 Girls 200m Run	Heats	1:03:00 PM
T169	U/15 Boys 200m Run	Heats	1:09:00 PM
T170	U/17 Girls 200m Run	Heats	1:15:00 PM
T171	U/17 Boys 200m Run	Heats	1:21:00 PM
T172	U/10 Girls 200m Run	Heats	1:27:00 PM
T173	U/10 Boys 200m Run	Heats	1:33:00 PM
T174	U/9 Girls 200m Run	Heats	1:39:00 PM
T175	U/9 Boys 200m Run	Heats	1:45:00 PM
T176	U/8 Girls 200m Run	Heats	1:51:00 PM
T177	U/8 Boys 200m Run	Heats	1:57:00 PM
T178	U/11 Girls 200m Run	Final	2:03:00 PM
T179	U/11 Boys 200m Run	Final	2:06:00 PM
T180	U/12 Girls 200m Run	Final	2:09:00 PM
T181	U/12 Boys 200m Run	Final	2:12:00 PM
T182	U/13 Girls 200m Run	Final	2:15:00 PM
T183	U/13 Boys 200m Run	Final	2:18:00 PM
T184	U/14 Girls 200m Run	Final	2:21:00 PM
T185	U/14 Boys 200m Run	Final	2:24:00 PM
T186	U/15 Girls 200m Run	Final	2:27:00 PM
T187	U/15 Boys 200m Run	Final	2:30:00 PM
T188	U/17 Girls 200m Run	Final	2:33:00 PM
T189	U/17 Boys 200m Run	Final	2:36:00 PM
T190	U/10 Girls 200m Run	Final	2:39:00 PM
T191	U/10 Boys 200m Run	Final	2:42:00 PM
T192	U/9 Girls 200m Run	Final	2:45:00 PM
T193	U/9 Boys 200m Run	Final	2:48:00 PM
T194	U/8 Girls 200m Run	Final	2:51:00 PM
T195	U/8 Boys 200m Run	Final	2:54:00 PM
T196	Senior Girls 4 x 100 Relay	Final	3:00:00 PM
T197	Senior Boys 4 x 100 Relay	Final	3:00:00 PM
T198	Junior Girls 4 x 100 Relay	Final	3:00:00 PM
T199	Junior Boys 4 x 100 Relay	Final	3:00:00 PM

**These times are Event start times. Athletes need to be at Call Room 20mins prior.**

**2018/19 Region 3 Championships**

**Barden Park, Dubbo**

**Sunday - Field**

Number	High Jump 1	Heat/Final	Time
F49	U/11 Boys High Jump	Final	8:00:00 AM
F50	U/12 Girls High Jump	Final	9:15:00 AM
F67	U/13 Boys High Jump	Final	10:30:00 AM
F85	U/17 Girls High Jump	Final	11:45:00 AM
Number	High Jump 2	Heat/Final	Time
F66	U/10 Boys High Jump Sc	Final	8:00:00 AM
F76	U/10 Girls High Jump Sc	Final	9:15:00 AM
F75	U/14 Girls High Jump	Final	10:30:00 AM
F84	U/15 Boys High Jump	Final	11:30:00 AM
Number	Long Jump 1	Heat/Final	Time
F51	U/9 Boys Long Jump	Final	8:00:00 AM
F58	U/9 Girls Long Jump	Final	9:30:00 AM
F69	U/14 Boys Long Jump	Final	11:00:00 AM
F78	U/13 Boys Long Jump	Final	12:30:00 PM
Number	Long Jump 2	Heat/Final	Time
F52	U/17 Girls Long Jump	Final	8:00:00 AM
F59	U/15 Girls Long Jump	Final	9:30:00 AM
F68	U/11 Boys Long Jump	Final	10:30:00 AM
F68A	11/12 Multi Class Ljump	Final	10:30:00 AM
F77	U/11 Girls Long Jump	Final	12:00:00 PM
F90	<b>U/12 Boys Triple Jump</b>	Final	1:15:00 PM
Number	Triple Jump	Heat/Final	Time
F53	U/14 Girls Triple Jump	Final	8:00:00 AM
F60	U/15 Boys Triple Jump	Final	9:15:00 AM
F70	U/17 Boys Triple Jump	Final	10:15:00 AM
F86	U/13 Girls Triple Jump	Final	11:15:00 AM
F79	U/12 Girls Triple Jump	Final	12:30:00 PM

Number	Javelin	Heat/Final	Time
F94	U/15 Girls Javelin	Final	8:15:00 AM
F63	U/11 Boys Javelin	Final	9:15:00 AM
F83	U/12 Boys Javelin	Final	10:30:00 AM
F92	U/17 Boys Javelin	Final	11:45:00 AM
F74	U/13 Girls Javelin	Final	12:45:00 PM
F89	U/14 Boys Javelin	Final	1:45:00 PM
Number	Discus 1	Heat/Final	Time
F55	U/15 Boys Discus	Final	8:00:00 AM
F61	U/17 Boys Discus	Final	8:45:00 AM
F62	U/11 Girls Discus	Final	9:45:00 AM
F87	U/9 Girls Discus	Final	11:15:00 AM
F93	U/14 Girls Discus	Final	12:30:00 PM
Number	Discus 2	Heat/Final	Time
F54	U/13 Girls Discus	Final	8:30:00 AM
F71	U/8 Boys Discus	Final	9:45:00 AM
F80	U/9 Boys Discus	Final	11:00:00 AM
F91	U/11 Boys Discus	Final	12:15:00 PM
F91A	U11/12 Multi Class Discus	Final	12:15:00 PM
Number	Shot Put 1	Heat/Final	Time
F57	U/14 Boys Shot Put	Final	8:00:00 AM
F88	U/13 Boys Shot Put	Final	9:00:00 AM
F81	U/10 Boys Shot Put	Final	10:00:00 AM
F73	U/12 Girls Shot Put	Final	11:15:00 AM
Number	Shot Put 2	Heat/Final	Time
F56	U/10 Girls Shot Put	Final	8:00:00 AM
F64	U/12 Boys Shot Put	Final	9:00:00 AM
F65	U/17 Girls Shot Put	Final	10:15:00 AM
F82	U/15 Girls Shot Put	Final	11:15:00 AM
F72	U/8 Girls Shot Put	Final	12:15:00 PM

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