

# LITTLE ATHLETICS NEW SOUTH WALES

## 2020 State Track & Field Program - Events by Day

### Girls Events

DAY	Under 9 Girls		Under 10 Girls		Under 11 Girls		Under 12 Girls		Under 13 Girls		Under 14 Girls		Under 15 Girls		Under 17 Girls	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
Saturday	60m H	H/J	60m H	DIS	1500m	S/P	1500m	S/P	200m H	S/P	200m H	L/J	300m H	H/J	300m H	T/J
	100m	S/P	100m	L/J	100m	T/J	100m	T/J	100m	H/J	100m	JAV	100m	DIS	100m	DIS
	400 TF		400 TF		400 TF	H/J	400 TF	HJ	400 TF	L/J	400 TF	S/P	400 TF	T/J	400 TF	H/J
									1500m		1500m		1500m		1500m	
								3000m		3000m		3000m		3000m		
Sunday	Walk	DIS	Walk	H/J	Walk	DIS	Walk	JAV	80m H	JAV	80m H	DIS	90m H	L/J	100m H	S/P
	800m TF	L/J	800m TF	SP	800m TF	L/J	800m TF	L/J	800m TF	T/J	800m TF	H/J	800m TF	JAV	800m TF	L/J
	70m		70m		200m	JAV	200m	DIS	Walk	DIS	Walk	TJ	Walk	S/P	Walk	JAV
	200m		200m		80m H		80m H		200m		200m		200m		200m	

### Boys Events

DAY	Under 9 Boys		Under 10 Boys		Under 11 Boys		Under 12 Boys		Under 13 Boys		Under 14 Boys		Under 15 Boys		Under 17 Boys	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
Saturday	60m H	DIS	60m H	H/J	1500m	DIS	1500m	JAV	200m H	JAV	200m H	DIS	300m H	L/J	300m H	S/P
	100m	L/J	400 TF	SP	400 TF	L/J	400 TF	L/J	400 TF	T/J	400 TF	H/J	400 TF	JAV	400 TF	L/J
	400 TF		100m		100m	JAV	100m	DIS	100m	DIS	100m	T/J	100m	S/P	100m	JAV
							80m H		1500m		1500m		1500m		1500m	
								3000m		3000m		3000m		3000m		
Sunday	Walk	H/J	Walk	DIS	Walk	S/P	Walk	S/P	80m H	S/P	90m H	L/J	100m H	H/J	110m H	T/J
	800m TF	S/P	800m TF	L/J	800m TF	T/J	800m TF	T/J	800m TF	H/J	800m TF	JAV	800m TF	DIS	800m TF	DIS
	70m		70m		200m	H/J	200m	HJ	Walk	L/J	Walk	S/P	Walk	T/J	Walk	H/J
	200m		200m		80m H		80m H		200m		200m		200m		200m	

### U7 Events - ZONE

DAY	Under 7 Girls		Under 7 Boys	
	Track	Field	Track	Field
Saturday	50m	SP	50m	DIS
	100m		100m	
Sunday	70m	DIS	70m	SP
	200m	LJ	200m	LJ
	Pack Start		Pack Start	

### U8 EVENTS - REGION

DAY	Under 8 Girls		DAY	Under 8 Boys	
	Track	Field		Track	Field
Saturday	60m H	LJ	Saturday	60m H	SP
	100m	DIS		100m	LJ
	400m			400m	
Sunday	Pack Start	SP	Sunday	Pack Start	DIS
	70m			70m	
	200m			200m	